

## ADELAIDE MEETINGS

### ADELAIDE CITY MEETINGS

Area Office: Stafford House,  
Second Floor, 25 Leigh Street,  
Adelaide

**MONDAY:** 12 – 1:30 pm  
**THURSDAY:** 12 – 1:30 pm  
**FRIDAY STEPS:** 10.30 - 12 noon

### BRIGHTON

Lighthouse Community Church,  
26 Jetty Road, Brighton

**MONDAY:** 7.30 – 8.30pm

### ELIZABETH:

Church of Christ Elizabeth.  
Cnr Short & Ashfield Street  
Elizabeth. Parking on Ashfield St  
**THURSDAY:** 11.00am - 12.30pm  
Lunch at Church café after meeting

**KILBURN:** Kilburn Community Centre,  
59 Gladstone Av., Kilburn.

**TUESDAY:** 7:00 – 8:20 pm  
AA available and Alateen if needed

**MARION:** Marion Cultural Centre  
287 Diagonal Road, Oaklands Park  
**SATURDAY** 2.30pm – 4.00pm

### MEADOWS

Meadows Uniting Church,  
81 Mawson Road, MEADOWS.  
Entry and carpark at the rear.  
**WEDNESDAY** 7.00pm – 8pm

### SEMAPHORE:

“Semaphore Wednesday Welcome”  
Semaphore Catholic Church - side  
meeting rooms - 253 Military Rd  
(Cnr. Hall St.) Semaphore  
**WEDNESDAY:** 6.30pm - 8.00pm

**Also-** Free Conference Call  
Meeting ID: semaphoreserenity  
Tel: 07 5660 6012  
Meeting code: 656525

**SEMAPHORE:** “Serenity” Semaphore  
Uniting Church Hall, 146 Semaphore Road,  
Exeter

**SATURDAY:** 10.30am – 12 noon  
Wheelchair access

### STIRLING PATHS TO ABUNDANCE:

Sunset Rock Uniting Church  
40 Spencer Street, Stirling.  
**SATURDAY** 10.00am -11.30am

### TEA TREE GULLY:

Surrey Downs Community Centre  
6 Zaroni Cres, Surrey Downs  
**WEDNESDAY:** 8.00 – 9.30pm

## COUNTRY MEETINGS

### PORT LINCOLN

19 Edinburgh Street, Port Lincoln  
Behind Seventh Day Adventist Church  
**TUESDAY** 6.30pm to 7.30 pm

### PORT LINCOLN- Steps to Recovery

19 Edinburgh Street, Port Lincoln  
Behind the 7th Day Adventist Church  
**THURSDAY** 10am - 11am

### MOUNT GAMBIER

26 Elizabeth Street, Mount Gambier  
Behind the church  
**FRIDAY** 6pm to 7:30pm

### VICTOR HARBOR

Christian Gospel Centre  
2 George Main Road, Victor Harbor  
**THURSDAY** 12pm – 1:30pm

### ALATEEN

Face to face Alateen meeting can be made available if the need arises. At least 2 teens are required to hold a F2F meeting. If teens are looking for a meeting there are online meetings they can attend. Please contact Alateen co-ordinator - Laura 0401438477 if you would like further details.

Please contact our SA office to advise of any alterations to meeting times and venues

### **Online Al-Anon meetings**

may be found on our national webpage:  
<https://al-anon.org.au/meetings>

### **Alateen and Online Alateen meetings:**

Please contact our Alateen co-ordinator at  
[alateensaalanon@outlook.com](mailto:alateensaalanon@outlook.com)  
for latest information

**Website:** <https://al-anon.org.au>

### **PHONE:**

SA Office: 08 8231 2959

Hours: 10.00 am to 2.30 pm

Monday, Thursday and Friday

The office number transfers to our after-hours phone when not answered

### **E-Mail**

[sa-alanon@outlook.com](mailto:sa-alanon@outlook.com)

### **After Hours phone:**

1300 ALANON (1300 252 666)

### **ALATEEN CONTACT:**

Laura: 0401438477

[alateensaalanon@outlook.com](mailto:alateensaalanon@outlook.com)

### **AA CONTACT**

Office: 82216888

AA After Hours: 82216999

### **AREA OFFICE:**

Stafford House, Second Floor

25 Leigh Street,

ADELAIDE SA 5000

### **POSTAL ADDRESS**

Stafford House,

25 Leigh Street,

ADELAIDE SA 5000

## **Meeting details correct at April 2026**

Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe that alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose; to help families of alcoholics. We do this by practising the twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.

“When our information service office lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon traditions and keep its doors open to any Al-Anon member.

Listing in the directory does not constitute approval of any group’s manner of practising the Al-Anon program.

If the group you attend is not right for you, please try another.

“There is help available in Al-Anon” .  
SA Area Committee, 18<sup>th</sup> April 1997