

# Al-Anon Monaro District Meetings

Updated 22 February 2026

For more information about Al-Anon or these meetings, ph 0410 037 881 or email [monaro.alanon@gmail.com](mailto:monaro.alanon@gmail.com)  
Literature available from Monaro District office, Griffin Centre (Level 1, Rm 11), 20 Genge St, Canberra City –  
open Mondays 12–2 PM (not on public holidays or ACT school holidays) OR by appt 0404 476 917

*The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their  
experience, strength and hope in order to solve their common problems*

*[www.al-anon.org.au](http://www.al-anon.org.au) or national phone number 1300 252 666*

<b>MONDAY</b>	10.30–11.30 AM	Forrest	<b>Hybrid: face-to-face and FCC</b> <i>see FCC details below</i> St Andrews Church Hall, State Circle, Forrest ACT <i>On ACT public holidays, there is no face-to-face meeting, FCC only</i>
	7.30–8.30 PM	Kingston (Adult Children)	<b>FCC only: see FCC details below</b>
<b>TUESDAY</b>	5.30–6.30 PM	Courage to Change	<b>Hybrid: face-to-face and FCC</b> <i>see FCC details below</i> Canberra Baptist Church, Greening Room, 11 Currie Cres, Kingston ACT ( <i>access through the church</i> )
<b>WEDNESDAY</b>	7.30–8.30 AM	Just for Today	<b>Zoom meeting: see details below</b>
<b>THURSDAY</b>	12.30–1.45 PM	A Little Time for Myself	<b>Hybrid: face-to-face and FCC</b> <i>see FCC details below</i> Belconnen Churches Centre, Level 2, 54 Benjamin Way, Belconnen ACT
	5.00–6.00 PM	Thursday Literature Study	<b>Zoom meeting: see details below</b>
<b>FRIDAY</b>	12.00–1.00 PM	How It Works	<b>Face-to-face meeting</b> Al-Anon Office, Level 1, Room 11, Griffin Centre, Genge St, Canberra [Civic] ACT
<b>SATURDAY</b>	8.00–9.15 AM	Braddon Slogans	<b>Face-to-face meeting</b> Kitchen, Salvation Army Hall, corner of Fawkner and Elouera Streets, Braddon ACT <i>This group welcomes registered service animals only</i>
	3.00–4.00 PM	Lyons	<b>Hybrid: face-to-face and FCC</b> <i>see FCC details below</i> St Alban's Anglican Church, 34 Chappell St (under Rectory), Lyons ACT
<b>SUNDAY</b>	9:00–10:15 AM	Hope for Today	<b>Zoom meeting: see details below</b>

**Free Conference Call (FCC):** Dial-in number: (07) 5660 6012 — Access code: 378675#

To join on a computer: go to [freeconferencecall.com](http://freeconferencecall.com) → on top bar → Online Meetings → Join Meeting →  
type in Meeting ID: monaroalanon [to use on a device, download the Free Conference Call app and create an account]

**Zoom:** Go to [zoom.us/join](https://zoom.us/join) – Zoom Meeting ID: 681 959 209, Dial-in number: +61 2 8015 6011