



# NEWSLETTER – FEBRUARY 2025

Southern NSW Area: Suite 204, 208 Forest Road, Hurstville 2220 | Ph: 02 9570-3422 | E: office@al-anon-snsw.org.au

**Dear Secretary/GR & Members,**  
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

**Deadline for the MARCH issue is: 20<sup>TH</sup> FEBRUARY 2025**

Please email your notice(s) to the Newsletter Editor at:

newsletter@al-anon-snsw.org.au

LIS, Jess T.

Newsletter Coordinator.

## NEWSLETTER COORDINATOR CHANGES

Thank you, Tanya V., for their service as Newsletter Coordinator. Jess T has now taken up the role. For email newsletters, contact [newsletter@al-anon-snsw.org.au](mailto:newsletter@al-anon-snsw.org.au). For physical copies, email [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au) or call (02) 9570 3400 (voicemails returned Tuesdays).

## GROUP NEWS

### TUESDAY 6.30PM BONDI



Please come to help celebrate Bondi Beach's 2nd Birthday on 4 February. Held at Music Studio 1, Bondi

Pavilion, Queen Elizabeth Dr, Bondi Beach. There will be a Guest Speaker on the theme of Sponsorship.

### STEP TWO

*Came to believe that a Power greater than ourselves could restore us to sanity.*

### TRADITION TWO

*For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.*

### CONCEPT TWO

*The Al Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.*

From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.

## MEETING CHANGES

Please send **updates to existing groups/meetings** (time, venue etc.) to our Area Group Records Coordinator [snsw.records@gmail.com](mailto:snsw.records@gmail.com). A highlighted list of changes is sent to AGSO at the start of each month and posted on the Members section of the website (Southern NSW Area). If you have an urgent meeting change email [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au) with details as well as the Group Records Co-ordinator. Please do not email AGSO direct. This enables us to maintain consistency between Area and AGSO records. Thank you for your assistance with this important service to members and newcomers.

## GROUP NEWS CONTINUED



### WEDNESDAY NOWRA

Hybrid Zoom/F to F meeting has changed to a new starting time of 6.30pm as of January 8 (previously 7.30pm).

### MONDAY 7PM CARINGBAH

First Birthday Meeting with an Al Anon guest speaker. Monday 10 February 10, 7-8pm at Keller Hall, Our Lady of Fatima School. Enter via Burns Lane, Caringbah.



### MONDAY 6.30PM CAMPERDOWN

Al-Anon Family Group 9<sup>th</sup> Birthday Meeting Monday 10 February 6.30PM. Hybrid event at Annandale Community Centre, 79 Johnston Street, Annandale in ground floor meeting room and online at. Zoom ID: 819 1139 9951 Password: 955188.

### WOMBAYAN CAVES WEEKEND

14 - 16 February at Wombeyan Caves NSW. AA Weekend with Al-Anon and Alateen participation. Takes place from Friday evening through to Sunday lunchtime. Accommodation can be booked with the NSW Parks. For further information contact Gus B. on 0473 999 924.



The National Helpline number is 1300 Al-Anon (1300 252 666). For everyday enquiries, contact the Area office on (02) 9570 3422



## NEW ZOOM ACCESS DETAILS FOR SOUTHERN NSW WALES AREA – ELOUERA & BYAMEE DISTRICTS



**CHANGES EFFECTIVE AS OF 2 JANUARY 2025**

Please note changed Zoom access details (ID only; PW unchanged) for the following meetings on the Southern NSW Area Zoom licence. The website has been updated with this information.

**ELOUERA DISTRICT (Eastern Suburbs, Sydney)**

Sydney Friday 8AM

Meeting ID: 864 5493 4633 Passcode: 773218

Bondi Junction Friday 10AM

Meeting ID: 899 9094 1830 Passcode: 230988

Waverley Monday 6:30PM

Meeting ID: 851 8719 8831 Passcode: 097844

Surry Hills Tuesday 7:30AM

Meeting ID: 895 8276 3100 Passcode: 298221

Darlinghurst Wednesday 7pm

Meeting ID: 872 4107 9571 Passcode: 553084

**BYAMEE DISTRICT (Wollongong area)**

Bulli Friday 7pm

Meeting ID: 892 6749 8110 Passcode: 291222

## SOUTHERN NSW AREA SERVICE GUIDE



Our updated Area Service Guide 2004 is now available at

<https://al-anon.org.au/southern-new-south-wales/> - scroll down to Documents.

The Area Service Guide expands on the Australian Service Handbook and is a valuable reference for members in service at GR level and beyond in our Area.

## HOPE – Happy Our Program Exists

**PAUSE – Postpone Action Until Serenity Enters**

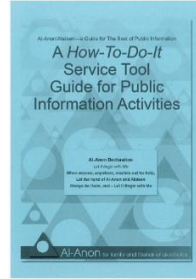


## LITERATURE CORNER

### P1-01, A How-To-Do-It Service Tool Guide for Public Information Activities



This little blue booklet is worth checking out for groups or members interested in learning more about



A How-To-Do-It Service Tool Guide for P.I. Activities

P1-02

[Download Now](#)

Public Information i.e. spreading the word about our wonderful fellowship. Sections include *The purpose of Public Information is Step Twelve* and *The guide for Public Information is Tradition Eleven*, along with discussion on *Attraction, Promotion, Co-operation, Anonymity* and other useful information including *Suggested literature for use in Expos or Conferences*. P1-01 is available as a free download on

the website –

<https://al-anon.org.au/free-downloads/> - or request a paper copy from the Area office with your next literature order.

## VISIT OUR NEW OFFICE

The Southern NSW Area office has reopened in January 2025 and is taking literature orders. Our office hours are Tuesdays 9.30 am to 3.30 pm. Volunteers are always welcome, and your travel costs are reimbursed. There is plenty of parking at Westfield Hurstville (a short walk from the office) or catch the many buses and trains to nearby Hurstville Station.



To order literature please visit the Al-Anon website to download the order form: <https://al-anon.org.au/southern-new-south-wales/>. Prepaid literature orders are despatched every Tuesday.

If you are a new Group Representative (GR) did you know you can order the Service Manual via the office? The Service Manual is located on the literature order form.

For all other inquiries please contact 9570 3400.

# **CONVENTION 2025 NEWS!**

## **CONVENTION FUNDRAISER**

Welcome to our next fundraiser for the AA National Convention with Al-Anon and Alateen Participation in April 2025. **Please note the Zoom login details have changed from the previous flyer.** The Al-Anon Host Planning Committee is looking forward to seeing you for an afternoon of experience strength and hope. Donations received will go towards Convention expenses and all profits will go to the Australian General Service Office. See you there!

THE SOUTHERN NSW AREA AL-ANON FAMILY GROUPS  
INVITE YOU TO  
A FUNDRAISING AFTERNOON OF

# Experience, Strength & Hope

SUN 16 FEB  
2PM - 4PM AEDT

Al-Anon & AA Speakers  
Sharing on "How Al-Anon Works for Me"  
in what is a 'taste' of the  
2025 National AA Convention  
with Al-Anon and Alateen Participation

ZOOM ID: 883 4181 3814 PASSCODE: 309055

Suggested \$10 donation to  
Al-Anon Family Groups Southern NSW Area Inc.  
Bank: CBA BSB: 062-498 Account Number: 1112 4924  
Financial code "ConvDon"

## **RECOVERY IN SERVICE - CONVENTION VOLUNTEERS!**

We have a target of 60 volunteers to help make the Convention a success. So far we have reached 40 volunteers. Amazing! Thank you to all who have registered to volunteer. We need 20 more!

If you are thinking about doing service, having fun and experiencing fellowship here in Sydney please register at:

<https://forms.office.com/r/kjvJkHAtQf>

Please note that even if you ticked the volunteer box when purchasing your Convention ticket we need you to complete our internal Al-Anon volunteer registration link. Apologies for the double-handling but this will assist us in planning for Al-Anon's participation in the AA Convention. An automated response has been set up.

Please direct any queries to [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au). Thank you for your service.

**Please consider signing up with a friend and spend time at the Convention in good company!**

**Remember: Service in Al-Anon is a wonderful recovery tool!**

**Remember: You are not Alone!**

## **REGISTERING FOR THE CONVENTION**

The AA National Convention with Al-Anon and Alateen Participation is being held in Sydney at Easter time on **Friday 18, to Monday 21 April 2025 at the Sydney Hilton Hotel and the Sydney Town Hall.**

The convention is an opportunity for members to come



together and enjoy four days of fellowship and fun, meetings, making new friends and being of service.

Our theme for the convention is: **"How Al-Anon Works"**.

There are over 18 meetings which will include speakers from all around Australia; several workshops; a parents' meeting, a dinner dance on Saturday night, raffles and much more.

We will be also be selling a wide range of literature as well as some fabulous merchandise.

In case you suffer from the fear of missing out, please **REGISTER** for this convention (and the **Dinner Dance**) at the AA website <https://members.aa.org.au/event/aa80-national-convention-2025/> as soon as you can.

### **REGISTRATION OPTIONS:**

<https://events.humanitix.com/aa80>

Full Weekend (4 days): \$195

Hilton Dinner Dance and Band: \$175

Day Rate: \$65 per day

Alateen: Free but you must register!

Concession Rates Available: Please ask!

Come along to this important event and help raise much needed funds for Al-Anon. We'd love to see you!



The Al-Anon Host Planning Committee would like to say a huge thank you to the Far South Coast District who have generously donated \$1000 to our Convention 2025 fund.

The committee is grateful for the fundraising efforts of all involved.



**THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE**

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

**Why make a contribution?**

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

**Why is it important to use Financial codes?**

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

**What is the Group code made up of?**

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

*Don (donation)*

*Lit (literature)*

*AssEE (Assembly Equalised Expense)*

*ZoomEE (Zoom Equalised Expense)*

*Eg: Sydney City Tuesday*

*SydTue12pmDon*

*Monaro District Literature: "MonaroLit (for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)*

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution

**GROUP FINANCIAL CODES AS AT FEBRUARY 2024**

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE OR Conv Don
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inner West	InnTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Erskineville	ErsSat930amF	
	Saturday	9.30am	Erskineville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
Sunday	10.30am	Rozelle F2F	RozSun1030amF		
Sunday	10.30am	Rozelle Zoom	RozSun1030amZ		
Elouera	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
	Friday	10am	Bondi Junction	BonFri10am	
Friday	7pm	Botany	BotFri7pm		
Byamee	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
	Friday	7pm	Bulli	BulFri7pm	
	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
Far South Coast	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
	Thursday	1pm	Ulladulla	UllThu1pm	
Thursday	5pm	Merimbula	MerThu5pm		
South West NSW	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
Monaro	Monday	10.30am	Forrest	ForMon1030am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue7pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
Sunday	9am	Civic	CivSun8am		