



# NEWSLETTER – DECEMBER 24/JANUARY 25

Southern NSW Area: Suite 204, 208 Forest Road, Hurstville 2220 | Ph: 02 9570-3422 | E: office@al-anon-snsw.org.au

**Dear Secretary/GR & Members,**  
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

**Deadline for the FEBRUARY issue is:**

**20<sup>TH</sup> JANUARY 2024**

Please email your notice(s) to the Newsletter Editor at:  
newsletter@al-anon-snsw.org.au

LIS, Tanya V

Newsletter Coordinator.

## HOLIDAY ANNOUNCEMENTS

The Southern NSW Area Al-Anon office will close for the end of year break on Tuesday, December 17 (last day, office open 9.30am-3pm) and reopen on Tuesday January 7, 2025. The Australian General Service Office also closes at EOB on December 17 and reopens Monday January 6, 2025.

## OFFICE END OF YEAR LUNCH

Office volunteers and other members are welcome to join us at an end-of-year lunch on December 17th in an inexpensive local eatery (PYO). Please register by emailing office@al-anon-snsw.org.au so we know booking numbers. Parking adjacent to the office in Westfield Hurstville.

### STEP TWELVE

*Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others, and to practice these principles in all our affairs.*

### TRADITION TWELVE

*Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.*

### CONCEPT TWELVE

*The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter.*

### STEP ONE

*We admitted we were powerless over alcohol—that our lives had become unmanageable.*

### TRADITION ONE

*Our common welfare should come first; personal progress for the greatest number depends upon unity.*

### CONCEPT ONE

*That only sufficient operating funds, including an ample reserve, be its prudent financial principle;*

*From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.*

## ZOOM EQUALISED EXPENSE

The Area Treasurer has calculated the Equalised Expenses for each Group using the Southern NSW Area Zoom account at \$41 for the coming year. It would be appreciated if groups could pay this amount to the Area bank account using their group banking code with Zoom EE at the end.

## GROUP NEWS

We are happy to report that the **Sydenham Convention Speaker meeting** fundraiser held on Saturday 16 November raised \$290. This money will be used to help the Al-Anon Host Planning committee buy merchandise to sell at the Convention in 2025 and assist with the committee's convention expenses. Thank you to our wonderful guest speakers including Al-Anon, AA and Alateen and to all members who came along and supported us and Al-Anon on the day. See you at the Convention!

**Bondi Beach Tuesday 6.30pm** will be OPEN on Tuesday December 24 and Tuesday December 31. Tuesday's 6.30pm. The Ocean Room, Bondi Pavillion, Queen Elizabeth Drive, Bondi Beach.

**Dulwich Hill Thursday 6pm F2F** meeting will be OPEN as usual on 26 December 2024 and 2 January 2025 – Seaview St Hall, 14 Seaview St, Dulwich Hill, NSW 2203.

**Camperdown Monday 6.30pm** Zoom meeting will be OPEN as usual over the holiday period.

**Inner West Tuesday 8pm** Zoom meeting will be OPEN Tuesday 24 December 2024 and Tuesday 31st December.

## GROUP NEWS cont'

**Waverley Monday 6:30pm** Serenity Seekers meeting will be CLOSED on Monday 30 December 2024 and Monday 6 January 2025.

**Wednesday 7:30pm (Sydney)** Let It Begin With Me AFG. Please note changed Zoom access details commencing Wednesday November 20: Zoom ID: 839 6412 1198; Zoom Passcode: 205605. Group Financial Code: SydTue730pm Don.

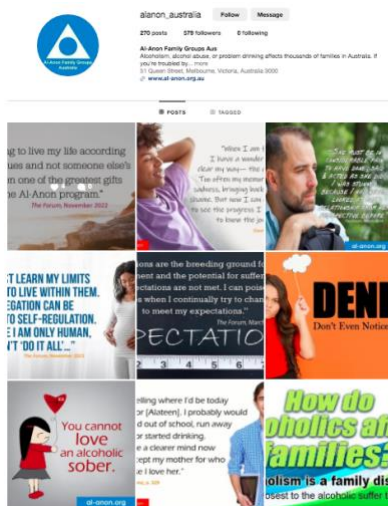
**Erskineville Saturday 9.30am** face to face group will be open through the holiday period (including 21st and 28th December, and 4th January) and welcome all for fellowship. The group is in need of support and is being attended by newcomers who could benefit from your experience strength and hope.

**Albion Park Rail Saturday 2.30pm** meeting to be held on 14th December 2024 with a Christmas get together cuppa to be had following the meeting. Please bring a plate.

**Merimbula Wednesday 10:30am** F2F will be open on Christmas day. 10.30 to noon, at the Scout's Hall behind the Museum.

## AL-ANON AUSTRALIA SOCIAL MEDIA SITES

Have you visited our social media sites? Use the quick links below.



<https://www.facebook.com/alanonaustralia/>  
[https://www.instagram.com/alanon\\_australia/?hl=en](https://www.instagram.com/alanon_australia/?hl=en)

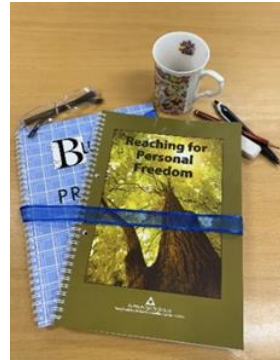


The National Helpline number is 1300 Al-Anon (1300 252 666). For everyday enquiries, contact the Area office on (02) 9570 3422

## LITERATURE CORNER

### Spring Special

The 2024 Spring Special is available to order until the end of the year. This is a discounted bundle of two popular workbooks. P-91, Blueprint for Progress has been available for a number of years and is popular with members undertaking a Fourth Step inventory and journaling directly into the workbook. P-92, Reaching for Personal Freedom expands our knowledge of the Legacies: the Twelve Steps, Twelve Traditions and Twelve Concepts of Service



plus the Warranties. Personal sharings are clearly anchored in real life—at work, home, play an Al-Anon service.

**Usual price: P-91, \$15.00; P-92, \$22.00**

**Spring Special Bundle price: P-1 & P-2, \$30.00**

When ordering from the website look for Order Number X-2024 Spring Special.

## SAVE THE DATE!

THE SOUTHERN NSW AREA AL-ANON FAMILY GROUPS  
INVITE YOU TO  
A FUNDRAISING AFTERNOON OF

# AL-ANON & AA SPEAKERS

Sharing on "How Al-Anon Works for Me"

SUN **16** FEB

2PM - 4PM AEDT

A 'taste' of the

2025 National AA Convention  
with Al-Anon and Alateen Participation

ZOOM ID: 811 6656 7393 PASSCODE: 303076



Suggested \$10 donation to

Al-Anon Family Groups Southern NSW Area Inc,  
Bank: CBA BSB: 062-498 Account Number: 1112 4924  
Financial code "ConvDon"

## **CONVENTION 2025 NEWS!**

The Convention Speaker meeting fundraiser held on Sunday 13 October raised **\$1195!** This money will be used to help the Al-Anon Host Planning committee buy merchandise to sell at the Convention in 2025 and assist with the committee's convention expenses. Thank you to our wonderful guest speakers including Al-Anon, and AA and to all members who came along and supported us and Al-Anon on the day.

### **CONVENTION EARLY BIRD REGISTRATION EXTENSION**

Registration has now been extended to 31 December 2024. to register please visit the aa website: <https://aanatcon2025.com.au/>. Come join us and help us raise money for Al-Anon and Alateen.

### **RECOVERY IN SERVICE - CONVENTION VOLUNTEERS!**

We need 60 volunteers to help make the Convention a success. If you are wanting to do service, have fun and experience fellowship here in Sydney.

Please note that even if you ticked the volunteer box when purchasing your Convention ticket we need you to complete our internal Al-Anon volunteer registration link. Apologies for the double-handling but this will assist us in planning for Al-Anon's participation in the AA Convention. An automated response has been set up. Please direct any queries to [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au). Thank you for your service.

Please consider signing up with a friend and spend time at the Convention in good company!

#### **Volunteer Registration:**

<https://forms.office.com/r/kjvJkHAtQf>

Please note that even if you ticked the volunteer box when purchasing your Convention ticket we need you to complete our internal Al-Anon volunteer registration link. Apologies for the double-handling but this will assist us in planning for Al-Anon's participation in the AA Convention. An automated response has been set up. Please direct any queries to [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au).

## **AFTERPAY NOW AVAILABLE TO REGISTER FOR THE CONVENTION**

If you are wanting to **register** either for a day or several days for the Convention in 2025, Afterpay is now available at checkout after registering on the AA registration page. Please see the following link:

[AA Australia National Convention 2025 Sydney – 18-21 April 2025](#)

At checkout you can select from three options:

- a) BPAY
- b) Credit Card
- c) **Afterpay - which allows you to choose 4 equal instalments (fortnightly) and is paid at initial registration and then a further three fortnightly instalments until the amount is paid in full.**

**Remember: Free entry for Alateens at the Convention.**

### **CONVENTION DONATIONS**



Did you know that we fundraise for the upcoming Convention in order to purchase literature and merchandise for sale and to pay other Convention related expenses?

After the Convention, once we have paid our accounts and reconciled our expenses, all leftover moneys will go to our National Office (AGSO) who will continue spreading the word to friends and families of alcoholics and to supporting the Al-Anon and Alateen fellowships.

**THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE**

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

**Why make a contribution?**

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

**Why is it important to use Financial codes?**

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

**What is the Group code made up of?**

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

*Don (donation)*

*Lit (literature)*

*AssEE (Assembly Equalised Expense)*

*ZoomEE (Zoom Equalised Expense)*

*Eg: Sydney City Tuesday*

*SydTue12pmDon*

*Monaro District Literature: "MonaroLit (for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)*

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

**GROUP FINANCIAL CODES AS AT FEBRUARY 2024**

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE OR Conv Don
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Wednesday	7:30pm	Sydney	SydWed730pm	
	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inner West	InnTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Erskineville	ErsSat930amF	
	Saturday	9.30am	Erskineville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
Elouera	Monday	10.30am	Rozelle F2F	RozSun1030amF	
	Sunday	10.30am	Rozelle Zoom	RozSun1030amZ	
	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
Byamee	Friday	10am	Bondi Junction	BonFri10am	
	Friday	7pm	Botany	BotFri7pm	
	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
Far South Coast	Friday	7pm	Bulli	BulFri7pm	
	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
South West NSW	Thursday	1pm	Ulladulla	UllThu1pm	
	Thursday	5pm	Merimbula	MerThu5pm	
	Monday	7pm	Leeton	LeeMon7pm	
Monaro	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
	Monday	10.30am	Forrest	ForMon1030am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue7pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
	Sunday	9am	Civic	CivSun8am	

