



NEWSLETTER – NOVEMBER 2024

Southern NSW Area: Suite 204, 208 Forest Road, Hurstville 2220 | Ph: 02 9570-3422 | E: office@al-anon-snsw.org.au

Dear Secretary/GR & Members,
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

Deadline for the DECEMBER issue is:
20TH NOVEMBER 2024

Please email your notice(s) to the Newsletter Editor at:
newsletter@al-anon-snsw.org.au

LIS, Tanya V
Newsletter Coordinator.

GROUP NEWS

Public Holidays

A reminder to all groups that will **NOT** be open at any times over the public holiday season to let the office know before November 20 so that this information can be put on the website and in the December/January newsletter. Email office@al-anon-snsw.org.au

Let It Begin With Me (Sydney) 7.30pm Wednesday AFG

Please note changed Zoom access details commencing Wednesday November 20.

Zoom ID: 839 6412 1198; Zoom Passcode: 205605

Please continue using current Zoom access details from website until November 20 – <https://al-anon.org.au/meetings/>

STEP TEN

Made a list of all persons we had harmed, and became willing to make amends to them all.

TRADITION TEN

Al-Anon Twelfth Step work should remain forever non-professional, but our services centers may employ special workers.

CONCEPT TEN

The Board of Trustees delegates full authority for routine management of Al-Anon Headquarters to its executive committees.

From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.

MEETING CHANGES

Please send **updates to existing groups/meetings** (time, venue etc) to our Area Group Records Coordinator snsw.records@gmail.com. A highlighted list of changes is sent to AGSO at the start of each month and posted on the Members section of the website (Southern NSW Area). If you have an urgent meeting change email office@al-anon-snsw.org.au with details as well as the Group Records Co-ordinator. Please do not email AGSO direct. This enables us to maintain consistency between Area and AGSO records. Thank you for your assistance with this important service to members and newcomers.

GROUP NEWS CONT'

SYDENHAM AFG INVITES YOU TO OUR ONLINE FUNDRAISER!

Help us to raise funds for the 2025 National AA Convention

WHEN: 2.30-4.30pm Sat 16 November.

WHERE: Join us online via Zoom (Meeting Code: 893 233 63766. Password: 505273.)

WHO: Hear speakers from Al-Anon, Alateen & AA, followed by regular meeting.

WHAT: Speakers will share their Experience, Strength & Hope relating to the theme: "What does Recovery mean to me?"

SUGGESTED DONATION: \$5 - \$10

HOW TO DONATE:

Account Name: Al-Anon Family Groups Southern NSW Area Inc. BSB: 062-498. Account Number: 1112 4924

Please ensure that you put the following code in the Reference box: SydSat2.30pm Conv Don

STEPS AND TRADITIONS MEETING DARLINGHURST 7TH BIRTHDAY & FUNDRAISING MEETING WITH AL-ANON & AA GUEST SPEAKERS.

"Why having a Home Group is important to my recovery" Wednesday 27 November / 7 pm.

Zoom ID: 899 0079 8592

Passcode: 553 084

Money raised goes towards the purchase of literature for Al-Anon and Alateen's participation in the AA National Convention in Sydney at Easter 2025. Suggested \$10 Donation payable to the Southern NSW Area Inc. Please use the code: ConvDon when donating to the Convention bank account.

Account Name: Al-Anon Family Groups Southern NSW Area Inc

BSB: 062 -498

Account Number: 1112 4924

CONVENTION 2025 NEWS!

CONVENTION 2025 DONATIONS

Please note our bank account details for the Convention in 2025 have changed. We inadvertently published the Area bank account details in the October Newsletter. Please take note of the correct Convention bank account for your Convention donations. All fundraising donations go towards purchasing literature and merchandise for sale at the Convention. All proceeds from Al-Anon's participation at the Convention will go to our Australian General Service Office (AGSO).

Please use the code ConvDon when donating!



RECOVERY IN SERVICE

If you would like to volunteer for the AA National Convention with Al-Anon and Alateen Participation in Sydney at the Hilton Hotel and Sydney Town Hall in April 2025 please click on the link below to register.

Remember: Service in Al-Anon is a wonderful recovery tool!

Link for members to volunteer [Microsoft Forms](#)

AFTERPAY NOW AVAILABLE TO REGISTER FOR THE CONVENTION

If you are wanting to **register** either for a day or several days for the Convention in 2025, Afterpay is now available at checkout after registering on the AA registration page. Please see the following link:

[AA Australia National Convention 2025 Sydney – 18-21 April 2025](#)

At checkout you can select from three options:

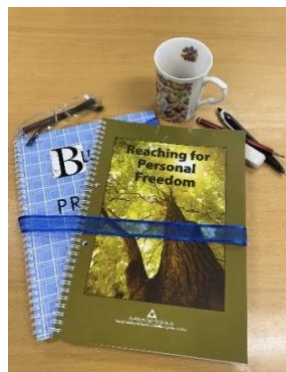
- a) BPAY
- b) Credit Card
- c) **Afterpay - which allows you to choose 4 equal instalments (fortnightly) and is paid at initial registration and then a further three fortnightly instalments until the amount is paid in full.**

Remember: Free entry for Alateens at the Convention.

LITERATURE CORNER



Please note that there have been small price increases for B-27, *Hope for Today* (now \$30) and B-29, *Opening our Hearts* (now \$27.50). Our Area continues to sell literature at minimum mark up to members, but in the case of B-29 we were actually selling it at less than our cost price! Al-Anon is entirely self-supporting without outside donations; we appreciate members' support in purchasing literature via the website (<https://al-anon.org.au/shop/>) or by contacting the Southern NSW Area office directly (literature@al-anon-snsw.org.au; T 9570 3422).



Spring Special!

The 2024 Spring Special, a discounted bundle of two popular workbooks, will continue till the end of the year. P-91, *Blueprint for Progress* has been available for a number of years and is popular with members undertaking a Fourth Step inventory and journaling directly into the workbook. P-92, *Reaching for Personal Freedom* expands our

knowledge of the Legacies: the Twelve Steps, Twelve Traditions and Twelve Concepts of Service plus the Warranties. Personal sharings are clearly anchored in real life—at work, home, play an Al-Anon service.

Usual price: P-91, \$15.00; P-92, \$22.00

Spring Special Bundle price: P-1 & P-2, \$30.00

When ordering from the website look for Order Number X-2024 Spring Special.

OFFICE

Office 'Open Day' every Tuesday in November (9.30am-3pm). We would love members to visit our beautiful new Southern NSW Area office. Come and have a cuppa and a chat with our volunteers and check out the display of Al-Anon literature. Suite 204, 208 Forest Road, Hurstville (entry off Rose Street; 2nd floor). Free 3 hour parking at the adjacent Westfields; a few minutes walk from Hurstville train station and major bus routes. We are planning an end-of-year lunch on December 3 in an inexpensive local eatery (PYO). Please register by emailing office@al-anon-snsw.org.au so we know the booking numbers.



THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

Why make a contribution?

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

Why is it important to use Financial codes?

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

What is the Group code made up of?

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

Don (donation)

Lit (literature)

AssEE (Assembly Equalised Expense)

ZoomEE (Zoom Equalised Expense)

Eg: Sydney City Tuesday

SydTue12pmDon

Monaro District Literature: "MonaroLit (for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

GROUP FINANCIAL CODES AS AT FEBRUARY 2024

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE OR Conv Don
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inner West	InnTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Erskineville	ErsSat930amF	
	Saturday	9.30am	Erskineville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
Elouera	Sunday	10.30am	Rozelle F2F	RozSun1030amF	
	Sunday	10.30am	Rozelle Zoom	RozSun1030amZ	
	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
Byamee	Friday	10am	Bondi Junction	BonFri10am	
	Friday	7pm	Botany	BotFri7pm	
	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
Far South Coast	Friday	7pm	Bulli	BulFri7pm	
	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
South West NSW	Thursday	1pm	Ulladulla	UllThu1pm	
	Thursday	5pm	Merimbula	MerThu5pm	
Monaro	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
	Monday	10.30am	Forrest	ForMon1030am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue7pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
Sunday	9am	Civic	CivSun8am		

