



NEWSLETTER – OCTOBER 2024

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Dear Secretary/GR & Members,
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

Deadline for the NOVEMBER issue is: 20TH OCTOBER 2024

Please email your notice(s) to the Newsletter Editor at:

newsletter@al-anon-snsw.org.au

LIS, Tanya V

Newsletter Coordinator.

GROUP NEWS

MORUYA THURSDAY 5PM has a new venue and day. We are now meeting every Wednesday (5pm to 6pm) at the Moruya Girl Guides Hall, Corner of Campbell and Evans St, Moruya. All are welcome to attend for some wonderful fellowship. Thank you for your assistance and service.

NEW MEETING - LET IT BEGIN WITH ME (SYDNEY) 7.30PM ZOOM. Zoom ID: +61 2 8015 6011; PW: 849 566 32724.

This is a 1.5 hour meeting with a weekly theme and strong recovery. Regular members and newcomers warmly welcomed.

STEP TEN

Continued to take personal inventory and when we were wrong promptly admitted it.

TRADITION TEN

The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

CONCEPT TEN

Service responsibility is balanced by carefully defined service authority and double-headed management is avoided.

From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.

PREPARE NOW FOR ELECTION ASSEMBLY

Our Election Assembly will be held on Zoom on November 9 from 9.30-4.00. Now is the time to prepare. Groups need to elect a new GR to attend the Assembly. If you are not able to elect a GR, then a representative of the Group can attend for the day. We are encouraging members to consider nominating for a position on the Area Committee. A full list of positions and job descriptions is available here: <https://t.ly/n6rg3>

If you would like to nominate you can complete the nomination form here: <https://forms.office.com/r/pDwN1FuEuR>. All positions on the committee are held for three years and some service experience is recommended. GRs must register to attend Assembly. Registration forms are available here: <https://forms.office.com/r/QRrvMAqAju>. If you have questions, contact the Area office on office@al-anon.org.au.

GROUP NEWS cont'

SYDENHAM AFG INVITES YOU TO OUR ONLINE FUNDRAISER!

Help us to raise funds for the 2025 National AA Convention with Al-Anon and Alateen participation.

WHEN

2.30 – 4.30 pm Saturday 16 November.

WHERE

Join us online via Zoom (Meeting Code: 893 233 63766. Password: 505273.)



WHO

Hear speakers from Al-Anon, Alateen and Alcoholics Anonymous, followed by our regular meeting.

WHAT

Speakers will share their Experience, Strength & Hope relating to the theme: "What does Recovery mean to me?"

SUGGESTED DONATION

\$5.00 - \$10.00

HOW TO DONATE

Account Name: Al-Anon Family Groups Southern NSW Area Inc. BSB: 062-000. Account Number: 0092 0770.

Please ensure that you put the following code in the Reference box:
SydSat2.30pm Conv
Don



GROUP NEWS CONT'

Al-Anon Fellowship Event
Partners and children
warmly welcomed

At Pegasus

119 Drakebrockman Dr
Holt

**Sunday 17
November**



**2pm to 5pm
Meeting@4**

Bring finger food to share
Tea and coffee provided

Suggested \$10 7th Tradition
by bank transfer
BSB 082 926
Acc 89 549 0919
Acc Name Monaro District
Put YournameFellowship
in the description box
Or cash on the day

LITERATURE CORNER

Our 2024 Spring Special is a discounted bundle of two popular workbooks.



P-91, Blueprint for Progress has been available for a number of years and is popular with members undertaking a Fourth Step inventory and journaling directly into the workbook.

P-92, Reaching for Personal Freedom expands our knowledge of the Legacies: the Twelve Steps, Twelve Traditions and Twelve Concepts of Service plus the Warranties.

Personal sharings are clearly anchored in real life—at work, home, play an Al-Anon service.

Usual price: P-91, \$15.00; P-92, \$22.00

Spring Special Bundle price: P-1 & P-2, \$30.00

When ordering from the website look for Order Number X-2024 Spring Special.

CONVENTION 2025 NEWS!

THE SOUTHERN NSW AREA AL-ANON FAMILY GROUPS
INVITE YOU TO
A FUNDRAISING AFTERNOON OF

Experience,
Strength & Hope

SUN 13 OCT

2PM - 4PM AEDT



Al-Anon & AA Speakers
Sharing on "How Al-Anon Works for Me"
in what is a 'taste' of the

**2025 National AA Convention
with Al-Anon and Alateen Participation**

ZOOM ID: 811 6656 7393 PASSCODE: 303076

Suggested \$10 donation to

Al-Anon Family Groups Southern NSW Area Inc.

Bank: CBA BSB: 062-000 Account Number: 0092 0770

Financial code "ConvDon"

VOLUNTEERING

If you are keen to get involved with preparations for Al-Anon & Alateen participation in the 2025 Convention, you can do so in many ways:

- ½ a day volunteering at the Convention itself...right up to all 4 days
- Helping to set up and or pack up at the Hilton
- Pre-prepping meeting packs / packing merchandise
- Helping with Public Information
- Being on a Subcommittee or the Committee during the countdown to the Convention less than 40 weeks away.

Note: to volunteer at the Convention on the event days, a volunteer must have purchased a ticket to enter the Convention.

Please use this form to indicate availability to Volunteer – <https://forms.office.com/r/kjvJkHAtQf>

AL-ANON PARTICIPATION

From time to time events are advertised as having 'Al-Anon participation' that have not been officially endorsed by Al-Anon. These events should not be promoted in chat groups or in meeting announcements. Al-Anon participation in AA events must be formally requested and endorsed, either through AGSO or our Southern NSW Area Service Committee. Newypaa 2024 and the upcoming AA National Convention 2025 are examples of AA events with approved Al-Anon participation and can be promoted as such at groups and through our newsletter. Al-Anon does not 'endorse, finance or lend our name to any outside enterprise' (Tradition 6). Endorsing and promoting outside events in groups and through group chat dilutes our program and creates confusion for the newcomer as to the underlying principles of the Al-Anon program. Thankyou for your assistance in maintaining our spiritual principles.

THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

Why make a contribution?

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

Why is it important to use Financial codes?

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

What is the Group code made up of?

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

Don (donation)

Lit (literature)

AssEE (Assembly Equalised Expense)

ZoomEE (Zoom Equalised Expense)

Eg: Sydney City Tuesday

SydTue12pmDon

Monaro District Literature: "MonaroLit (for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

GROUP FINANCIAL CODES AS AT FEBRUARY 2024

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE OR Conv Don
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Wednesday	7:30pm	Sydney	SydWed730pm	
	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inner West	InnTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Ersleville	ErsSat930amF	
	Saturday	9.30am	Ersleville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
Elouera	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
	Friday	10am	Bondi Junction	BonFri10am	
	Friday	7pm	Botany	BotFri7pm	
Byamee	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
	Friday	7pm	Bulli	BulFri7pm	
	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
Far South Coast	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	5pm	Moruya	MorWed5pm.	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
	Thursday	1pm	Ulladulla	UllThu1pm	
Thursday	5pm	Merimbula	MerThu5pm		
South West NSW	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
Monaro	Monday	10.30am	Forrest	ForMon1030am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue7pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
	Sunday	9am	Civic	CivSun8am	