



# NEWSLETTER – AUGUST 2024

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**Dear Secretary/GR & Members,**  
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

**Deadline for the SEPTEMBER issue is: 20<sup>TH</sup> AUGUST 2024**

Please email your notice(s) to the Newsletter Editor at:  
newsletter@al-anon-snsw.org.au

LIS, Tanya V  
Newsletter Coordinator.

## CONVENTION FUNDRAISER AT ASSEMBLY JUNE 2024

A big THANK YOU to all members who donated and helped raise funds for our Convention in 2025. The Bring and Buy as well as the Raffle raised a total of \$249.23. We appreciate your efforts in helping us!

### The Al-Anon 3 C's

I didn't **CAUSE** it,  
I can't **CONTROL** it  
And I can't **CURE** it



#### STEP EIGHT

*Made a list of all persons we had harmed, and became willing to make amends to them all.*

#### TRADITION EIGHT

*Al-Anon Twelfth Step work should remain forever non-professional, but our services centers may employ special workers.*

#### CONCEPT EIGHT

*The Board of Trustees delegates full authority for routine management of Al-Anon Headquarters to its executive committees.*

From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.

#### GROUP NEWS

**Ashfield Friday 6.30pm** group are no longer operating as a hybrid face-to-face and Zoom meeting. We will continue to offer a face to face meeting but are no longer able to offer the Zoom meeting component. Our meeting is in need of support and we would love to welcome you at our new venue Ashfield Baptist Church hall at 19 Holden St, Ashfield NSW 2131.

We are also celebrating our 26th Anniversary on Friday 9th August @ 6.30pm. All Welcome!

#### GROUP NEWS cont'

**Inala Tuesday 8pm** will now be known as *Inner West Sydney Tuesday 8pm* (formerly Inala). Why the change? We were constantly asked where we were, and as most groups have a location in their name, we decided to "go with the flow". All welcome, we love to see new (and old) faces. We remain an online only meeting:  
Meeting ID 875 2055 3233  
Passcode 027 662  
Look forward to seeing you there!

**Camperdown Monday 6.30pm** AFG is having a Face to Face meeting to raise funds towards Al-Anon and Alateen participation in the 2025 AA National Convention. Monday August 26, 6.30 pm, Annandale Neighbourhood Centre, [79 Johnston street Annandale](https://www.google.com/maps/place/79+Johnston+street+Annandale).

**Forrest Monday 10:30am** will be celebrating their 36<sup>th</sup> birthday on Monday 12<sup>th</sup> August 2024. The meeting will be held in The Hamilton Room at The Presbyterian Church of St Andrew, 1 State Circle Forrest A.C.T. Meeting will include shares from both an AA and an Al-Anon guest speaker Meeting followed by lunch. For more info, Rhondda - [rhondae@gmail.com](mailto:rhondae@gmail.com).

**Bondi Junction Friday 10am** monthly hybrid. LAST Friday of the month from July 2024 to January 2025 at Margaret Whitlam recreation Centre, northern club room. 10am-11am. Fellowship in the cafe onsite, afterwards. Margaret Whitlam Recreation Centre, Waverley Park, Bondi Road. Standard Zoom for the rest of the times.

## CONVENTION 2025 NEWS!

The Al-Anon/Alateen Host Planning Committee for the 2025 Sydney AA Convention is in full swing with the Convention taking place at the Sydney Hilton and Sydney Town Hall from 18-21 April, marking AA's 80th birthday in Australia.

At the Convention, Al-Anon and Alateen are hosting meetings, speakers and Workshops as well as lots of opportunities for fellowship, and to purchase merchandise and literature. For those of you with teens who are in Alateen - or are Alateen curious - Convention entry is free for Alateens.

For adults, a day pass is \$65 and the Early Bird price for the 4-days is \$165 (before 31 October) <https://events.humanitix.com/aa80/tickets>

**Fundraising** - In order for us to have a wonderful Convention we need to fundraise to cover our expenses. The Host Planning committee would like to invite all members and groups in Southern NSW Area to fundraise. Suggestions for fundraising include but are not limited to:

- soup nights
- picnics in the park
- movie nights
- Group or District Bring and Buy
- raffles including CAL Literature
- Pot Luck Dinners
- Extra Donation in your zoom group
- Passing the basket at face-to-face meetings

Individual members can also choose to donate to the Business Transaction Account for the Convention.

BSB: 062498

Account No. 11124924

Please use code: Conv Don

Donations are tax deductible. Please screenshot or email the transaction to yourself for tax purposes.

### **VOLUNTEERING**

If you are keen to get involved with the Al-Anon & Alateen Convention preparations or the event itself, you can do so in many ways:

½ a day volunteering at the Convention itself...right up to all 4 days

Helping to set up and or pack up at the Hilton

Pre-prepping meeting packs / packing merch

Helping with Public Information

- being on a Subcommittee or the Committee during the countdown to the Convention less than 40 weeks away.

Note: to volunteer at the Convention on the event days, a volunteer must have purchased a ticket to enter the Convention.

Please use this form to indicate availability to Volunteer <https://forms.office.com/r/kjvJkHAtQf>

## **CAN SOMEONE WHO IS AFFECTED BY ANOTHER PERSON'S DRUG ADDICTION ATTEND AL-ANON/ALATEEN?**

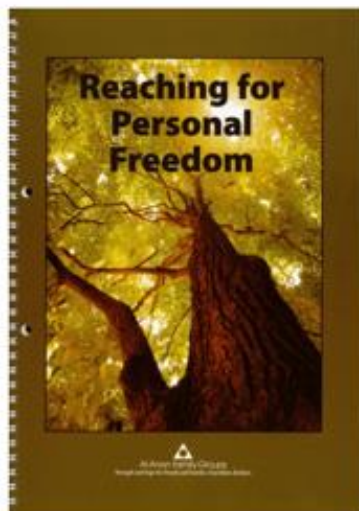
The following guidance is taken from FAQs for Professionals ([al-anon.org.au/professional](http://al-anon.org.au/professional)):

*"Al-Anon is a mutual support group program for family members and friends to learn the facts about alcoholism as a "family illness" and how they can recover from the effects of someone else's drinking. When clients are concerned about someone's alcoholism and drug addiction, they are welcome to attend Al-Anon with the understanding that our program focuses on alcoholism. Al-Anon groups welcome anyone interested in learning about our program regardless of their concerns."*

Al-Anon's 2015 Membership Survey reported that 40 percent of the Al-Anon members first came to Al-Anon because of a friend or relative's drug problem. The survey also showed that 85 percent of these members eventually came to realise that someone's drinking has also negatively affected their lives.

## **LITERATURE CORNER**

### **Reaching for Personal Freedom: Living the Legacies**



*Reaching for Personal Freedom* is a workbook for using Al-Anon's Twelve Steps, Twelve Traditions and Twelve Concepts of Service in daily life.

This workbook provides insightful sharings from members and thought-provoking questions to give a fresh perspective on our three Legacies. Invaluable for both group and individual study.



*The National Helpline number is  
1300 Al-Anon (1300 252 666).*

*For everyday enquiries, contact the Area  
office on (02) 9570 3422*

## NEWYPAA 2024

There will be an Al-Anon speaker and Al-Anon literature table at this event. Great speakers, fellowship and participation!



**NSW YOUNG PEOPLE IN AA**  
*presents*  
**CONVENTION 2024**  
SATURDAY 17 AUGUST  
9AM-530PM

An all-day celebration of experience, strength and hope for members of Alcoholics Anonymous and Al-Anon

**\$22**

This year's theme is *'Take it off the wall'* and entry includes guest speakers, meetings and light refreshments.

**Granville Town Hall**  
**10 Carlton St, Granville**

For tickets and further information:  
1) Scan the code      2) Click on the ticket:



For more information about NEWYPAA visit [www.newypaa.com.au](http://www.newypaa.com.au).



**FROM PIONEERS TO**  
**80 YEARS**  
*and we're celebrating!*

Join us for the 59th Australian National Convention of Alcoholics Anonymous hosted in Sydney at:

**The Sydney Town Hall & the Sydney Hilton**  
**Friday 18 April – Monday 21 April 2025**

**Full 4 Day Program**  
Steps workshops • Special interest meetings  
Guest speakers • Australian history • Dinner dance

**REGISTRATION**

**Early Bird – Full Weekend (4 days): \$165**  
Book before 31/10/2024

**Full Weekend (4 days): \$195**  
**Hilton Dinner, Dance & Band: \$175**  
**Town Hall Unity Dance: \$65**  
**Day Rate: \$65/day**  
**Twilight Harbour Cruise: Details and pricing to come**  
**Alateen: Free (register on website)**  
**Concessional: Rates available (see website)**

For registration and further information please visit our website and follow us on facebook!

**[aanatcon2025.com.au](http://aanatcon2025.com.au)**

## National Alateen Open meeting

### When?

Saturday 31<sup>st</sup> August 3pm (AEST) via zoom

### Who is it for?

- ▲ If you are a teen and want to check out what an Alateen meeting is all about
- ▲ If you are interested in bringing your children to Alateen,
- ▲ If you want to know more about Alateen,
- ▲ If you are interested in becoming an Alateen Sponsor,
- ▲ If you want to know how you can support the growth of Alateen ...

...Then this is the event for you!!!

Any questions can be directed to Veronica A., the Australian Alateen Advisory Chairperson on [alateen@al-anon.org.au](mailto:alateen@al-anon.org.au)

### Zoom Link:

Meeting ID: 962 251 7599

Passcode: 707070

Al-Anon/Alateen Family Groups Australia

**THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE**

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

**Why make a contribution?**

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

**Why is it important to use Financial codes?**

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

**What is the Group code made up of?**

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

*Don (donation)*

*Lit (literature)*

*AssEE (Assembly Equalised Expense)*

*ZoomEE (Zoom Equalised Expense)*

*Eg: Sydney City Tuesday*

*SydTue12pmDon*

*Monaro District Literature: "MonaroLit (for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)*

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

**GROUP FINANCIAL CODES AS AT FEBRUARY 2024**

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE OR Conv Don
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inner West	InnTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Erskineville	ErsSat930amF	
	Saturday	9.30am	Erskineville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
	Sunday	10.30am	Rozelle F2F	RozSun1030amF	
	Sunday	10.30am	Rozelle Zoom	RozSun1030amZ	
Elouera	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
	Friday	10am	Bondi Junction	BonFri10am	
	Friday	7pm	Botany	BotFri7pm	
Byamee	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
	Friday	7pm	Bulli	BulFri7pm	
	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
Far South Coast	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
	Thursday	1pm	Ulladulla	UllThu1pm	
	Thursday	5pm	Merimbula	MerThu5pm	
South West NSW	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
Monaro	Monday	10.30am	Forrest	ForMon1030am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue7pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
	Sunday	9am	Civic	CivSun8am	