



# NEWSLETTER – JULY 2024

Southern NSW Area: Suite 204, 208 Forest Road, Hurstville 2220 | Ph: 02 9570-3422 | E: office@al-anon-snsw.org.au

**Dear Secretary/GR & Members,**  
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

**Deadline for the AUGUST issue is:**  
**20<sup>TH</sup> JULY 2024**  
Please email your notice(s) to the Newsletter Editor at:  
newsletter@al-anon-snsw.org.au

LIS, Tanya V  
Newsletter Coordinator.

## HOST PLANNING COMMITTEE 2025 AA NATIONAL CONVENTION

The AA National Convention with Al-Anon and Alateen participation will be held at the Sydney Hilton Hotel, April 18 to April 21 2025. The Australian General Service Office has requested that the Southern NSW Area form a Host Planning Committee. We are very excited to be hosting this major event and we would like to extend an invitation to all members of the Southern NSW Area who are interested in volunteering. Planning meetings will be held on Zoom. If you are interested in doing this wonderful service, please contact Nicki P. on 0423 511 993 or via email: [thenixter@yahoo.com.au](mailto:thenixter@yahoo.com.au). We look forward to hearing from you.

### STEP SEVEN

*Humbly asked him to remove out shortcomings.*

### TRADITION SEVEN

*Every group ought to be fully self-supporting, declining outside contributions.*

### CONCEPT SEVEN

*The Trustees have legal rights while the rights of the Conference are traditional.*

*From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.*

### GROUP NEWS

**Inala Tuesday 8pm** will now be known as *Inner West Sydney Tuesday 8pm* (formerly Inala). Why the change? We were constantly asked where we were, and as most groups have a location in their name, we decided to "go with the flow". All welcome, we love to see new (and old) faces. We remain an online only meeting:  
Meeting ID 875 2055 3233  
Passcode 027 662  
Look forward to seeing you there!

**Ashfield Friday 6:30pm** are celebrating their 26th Anniversary on Friday 9th August @ 6.30pm, Ashfield Baptist Church Community Centre. Cnr Holden & Norton Streets, Ashfield. All Welcome!

### NEW OFFICE

After almost 20yrs at our Ormonde Pde office, we have moved to new premises at Suite 204, 208 Forest Road, Hurstville. **Thank you** to the dedicated volunteers who assisted with sorting, packing, cleaning, transporting, unpacking and untangling cables. It's been a huge job but the results are well worth it. We now have a more functional & pleasant space and dedicated display areas for literature and archives. The office is open for literature sales on Tuesdays from 9.30am-3pm; other hours TBC. Email ([office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au)) and phone (95703422/95703400) remain the same.

### NEWPAA 2024

There will be an Al-Anon speaker and Al-Anon literature table at this event. Great speakers, fellowship and participation!

NSW YOUNG PEOPLE IN AA  
presents  
**CONVENTION 2024**  
SATURDAY 17 AUGUST  
9AM-530PM  
An all-day celebration of experience, strength and hope  
for members of Alcoholics Anonymous and Al-Anon  
**\$22**  
This year's theme is "Take it off the wall" and entry includes  
guest speakers, meetings and light refreshments.  
**Granville Town Hall**  
10 Carlton St, Granville  
For tickets and further information:  
1) Scan the code 2) Click on the ticket:  
ADMIT ONE  
For more information about NEWYPAA visit [www.newypaa.com.au](http://www.newypaa.com.au).

## NEW INTRODUCTION TO ODAT

Our oldest reader has a new introduction, putting the book its historical perspective. The introduction will be on the website as a Free Download item. Here is an excerpt:

*One Day at a Time in Al-Anon, Al-Anon's fourth book and first daily reader, was introduced in September 1968. Compiled by the Chairperson of the Literature Committee with input from many other members, its page-a-day format provided practical applications of Al-Anon's spiritual principles. The "ODAT" quickly became one of our fellowship's most beloved books.*

*The family disease of alcoholism is as challenging today as ever, and the principles that helped our pioneer members still remain relevant. However, much has changed since 1968. At that time, most members were wives of alcoholic husbands. Some attitudes and customs prevalent then may seem outdated or non-inclusive by today's standards. Therefore, it may help to consider this book in the context of its time and, as we say in Al-Anon, "take what you liked and leave the rest."*

## LITERATURE CORNER

Our new office has a dedicated literature display area. Come and visit, browse some literature, pick up your order or just have a cuppa and a chat. New volunteers always welcome! The literature office is open 9.30am-3pm Tuesdays. 204/208 Forest Rd, Hurstville (5 minutes walk from the train station).



## National Alateen Open meeting

### When?

Saturday 31<sup>st</sup> August 3pm (AEST) via zoom

### Who is it for?

- ▲ If you are a teen and want to check out what an Alateen meeting is all about
  - ▲ If you are interested in bringing your children to Alateen,
  - ▲ If you want to know more about Alateen,
  - ▲ If you are interested in becoming an Alateen Sponsor,
  - ▲ If you want to know how you can support the growth of Alateen ...
- ...Then this is the event for you!!!

Any questions can be directed to Veronica A., the Australian Alateen Advisory Chairperson on [alateen@al-anon.org.au](mailto:alateen@al-anon.org.au)

### Zoom Link:

Meeting ID: 962 251 7599

Passcode: 707070



Al-Anon/Alateen Family Groups Australia

## SUCCESSFUL 2024 ASSEMBLY

*Congratulations* on a productive and harmonious hybrid Area Assembly, held over the weekend of 22-23 June at the Mittagong RSL Club. This year's theme was 'Service Makes a Difference', and a big thanks goes to all who gave their time and energy to help make our Assembly a success. Thirty-three GRs attended on the Saturday. - 18 in the room and 15 on Zoom. This meant a good proportion of the 50 Groups in our Area were represented at Assembly. 'Participation is the Key to Harmony' is one of our Concepts of Service, so it's great to see so many Groups sending GRs to Assembly. GRs heard reports on the activities of the Area Service and Association Committees and also heard from the CEO of Al-Anon Australia, Helen G, who attended in person from Melbourne. GRs passed a budget for the upcoming year and were given information about our upcoming Area Election Assembly to be held on November 9 this year on Zoom. Groups who do not have a GR, or who's GR is coming to the end of their 3-year term should be thinking about electing a new GR in the months leading up to the Election Assembly. The new GRs will be electing the new committee at the Assembly on November 9. More information will be in the newsletter as the Election Assembly draws near. Most Groups have now paid the Equalised Expense of \$105 to cover the cost of Assembly. If your Group has not yet contributed it should do so as soon as possible.



The National Helpline number is 1300 Al-Anon (1300 252 666). For everyday enquiries, contact the Area office on (02) 9570 3422



# NATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS AUSTRALIA WITH AL-ANON AND ALATEEN PARTICIPATION



Join us for the 59th Australian National Convention  
of Alcoholics Anonymous hosted in Sydney at:

**The Sydney Town Hall & the Sydney Hilton**  
**Friday 18 April – Monday 21 April 2025**

### Full 4 Day Program

Steps workshops • Special interest meetings  
Guest speakers • Australian history • Dinner dance

### REGISTRATION

**Early Bird – Full Weekend (4 days): \$165**

Book before 31/10/2024

**Full Weekend (4 days): \$195**

**Hilton Dinner, Dance & Band: \$175**

**Town Hall Unity Dance: \$65**

**Day Rate: \$65/day**

**Twilight Harbour Cruise: Details and pricing to come**

**Alateen: Free (register on website)**

**Concessional: Rates available (see website)**

For registration and further information please  
visit our website and follow us on facebook!

**[aanatcon2025.com.au](http://aanatcon2025.com.au)**

**THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE**

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

**Why make a contribution?**

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

**Why is it important to use Financial codes?**

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

**What is the Group code made up of?**

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

*Don (donation)*

*Lit (literature)*

*AssEE (Assembly Equalised Expense)*

*ZoomEE (Zoom Equalised Expense)*

*Eg: Sydney City Tuesday*

*SydTue12pmDon*

*Monaro District Literature: "MonaroLit (for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)*

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

**GROUP FINANCIAL CODES AS AT FEBRUARY 2024**

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE etc.
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	District Meeting	InaTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Erskineville	ErsSat930amF	
	Saturday	9.30am	Erskineville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
	Sunday	10.30am	Rozelle F2F	RozSun1030amF	
	Sunday	10.30am	Rozelle Zoom	RozSun1030amZ	
Elouera	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
	Friday	10am	Bondi Junction	BonFri10am	
Byamee	Friday	7pm	Botany	BotFri7pm	
	Monday	7pm	Wollongong	WoiMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
	Friday	7pm	Bulli	BulFri7pm	
Far South Coast	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
South West NSW	Thursday	1pm	Ulladulla	UllThu1pm	
	Thursday	5pm	Merimbula	MerThu5pm	
	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
	Monaro	Monday	10.30am	Forrest	ForMon1030am
		Monday	7.30pm	Kingston	KinMon730pm
		Tuesday	7pm	Northside	NorTue7pm
Wednesday		7.30am	Civic	CivWed730am	
Thursday		12.30pm	Belconnen	BelThu1230pm	
Friday		12pm	Civic	CivFri12pm	
Saturday		8am	Braddon	BraSat8am	
Saturday		3pm	Lyons	LyoSat3pm	
Sunday		9am	Civic	CivSun8am	

