



NEWSLETTER – MAY 2024

Southern NSW Area: Suite 4/2 Ormonde Parade, Hurstville NSW 2220 | Ph: 02 9570-3422 | E: office@al-anon-snsw.org.au

Dear Secretary/GR & Members,
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

Deadline for the JUNE issue is: 20TH MAY 2024
Please email your notice(s) to the Newsletter Editor at: newsletter@al-anon-snsw.org.au

LIS, Tanya V
Newsletter Coordinator.

STILL HAVING TROUBLE RECEIVING THIS NEWSLETTER VIA EMAIL?

UPDATE
Unfortunately Google is restricting Gmail account users from receiving this newsletter. It is being recognised as SPAM. We are working hard to rectify the situation and hope to have a final solution soon. Please assist by directing members who use a Gmail email to download a copy of the newsletter from the member resources section of the Al-Anon website:
<https://al-anon.org.au/southern-new-south-wales/>



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Newsletter Coordinator.

STEP FOUR

Made a searching and moral inventory of ourselves.

TRADITION FOUR

Each group should be autonomous, except in matters affecting another group of Al-Anon or AA as a whole.

CONCEPT FOUR

Participation is the key to harmony.

From Paths To Recovery ©1997 by Al-Anon Family Group Headquarters Inc.

GROUP NEWS

Friday 6:30pm Ashfield

Effective immediately, meeting has changed location from the Wesley Education Centre to: Ashfield Civic Centre. Activity Room 3 Upper Level 260 Liverpool Road Ashfield. Enter via side entrance. (hybrid meeting is available - the zoom details remain the same)

FUNDRAISING FOR THE 2025 CONVENTION



Help us fundraise so we can put on a fabulous 2025 Convention. One of our fundraising activities will be a 'bring and buy' table and auction at the June Assembly. If you are attending Assembly can you please bring a good quality item? Your District can contribute too! The more we have to sell the more money we will raise. The Convention is a wonderful opportunity to spread the word about our fellowship and the benefits it can offer to those struggling with a problem drinker.

HOST PLANNING COMMITTEE 2025 AA NATIONAL CONVENTION

The AA National Convention with Al-Anon and Alateen participation will be held at the Sydney Hilton Hotel, April 18 to April 21 2025. The Australian General Service Office has requested that the Southern NSW Area form a Host Planning Committee. We are very excited to be hosting this major event and we would like to extend an invitation to all members of the Southern NSW Area who are interested in volunteering. Planning meetings will be held on Zoom. If you are interested in doing this wonderful service, please contact Nicki P. on 0423 511 993 or via email: thenixter@yahoo.com.au. We look forward to hearing from you.



Invitation to ALL MEMBERS

2024 Australian Service Conference

'Service Makes a Difference'

Join us at the *'Getting to Know your Conference Members'* session at the **Quest Conference Centre**, 234 Caroline Springs Boulevard, Caroline Springs (Melbourne) or from anywhere in Australia via Zoom:

Meeting ID: 962 251 7599 Passcode: 707070

from **8.00 – 9.30pm**

on **Friday 3rd May 2024**

You will meet the nine Area Delegates from around Australia, the AGSO General Service Board, Executive Committee and Administrative Staff members, learn about the Al-Anon service structure and have a bit of fun!

Supper provided (in person) or make a treat to enjoy at home with some Al-Anon friends!



We look forward to seeing you!

ZOOM EQUALISED EXPENSES

Since 2020, Zoom has been an important way for groups to conduct regular meetings.

It is now time for those groups who use our Area zoom account licenses, for either online or hybrid meetings, to contribute to the ongoing cost. If your group uses an Area Zoom license for your meetings, please contribute \$39 to the Area bank account, with your Group's financial code into the transaction reference, adding "ZoomEE" instead of "Don" at the end of the code so we can track the equalised expense. This contribution will cover the 2023-2024 subscription, renewable in September each year.



VOLUNTEER PHONE ROSTER



Thank you to all our dedicated phone roster volunteers. This is a gentle reminder to send in an end of month report on calls received (if you don't have a template for this please reach out via the office email below) and thank you to volunteers who have done so already. These reports help us get a picture of who is reaching out to Al-Anon and how we can help in accordance with Tradition 5. Anyone interested in doing service on the phone roster, please email office@al-anon-snsw.org.au.

WE'RE MOVING OUR AREA OFFICE!

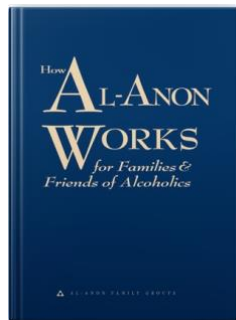
Volunteers are needed to help us move our Area Office to a new premises with much better amenity. It is located near our current space in Hurstville. The move is scheduled for May. Anyone who is interested in helping sort, pack or clean our current premises in preparation for the move should contact the office by email office@al-anon-snsw.org.au. The new office has a great vibe - modern, smart, professional.



The National Helpline number is 1300 Al-Anon (1300 252 666). For everyday enquiries, contact the Area office on (02) 9570 3422.

LITERATURE CORNER

Thank you to our wonderful two new volunteers on the Literature Team and for all they've done over the last few months to support our literature sales and general office service. Literature sales have increased substantially over the last year with regular sales to Northern NSW Area groups and members and our new daily reader flying out the door.



How Al-Anon Works: for Families & Friends of Alcoholics (B-22) is Al-Anon's basic book which discusses our program of mutual help program in recovery, including personal stories. This book gives a great overview of Al-Anon for both newcomers and members. A beginning approach to the Twelve Concepts of Service is included.

<https://al-anon.org.au/shop-for-families-and-friends-of-alcoholics/>

7th TRADITION DONATIONS – QR CODE



To assist those who would like an easy way to donate to Al-Anon using their phones, the Area Treasurer has provided the QR code linked to our Southern NSW Area GiveNow account. Please refer to the notice below. It is suggested that Face to Face Groups take a copy of this notice, write on the Group's Financial Code and send it round with the basket in meetings. For Zoom meetings the notice can be screen shared or placed in Chat at the right moment in Zoom meetings along with the Group's Financial Code. On the "Questions" tab, the donator should toggle ON the "Would you like to leave a message for the organisation" and in the Message Box, type the Group Financial Code. GiveNow provides receipts if required.

AL-ANON FAMILY GROUPS SOUTHERN NEW SOUTH WALES AREA 7TH TRADITION

"Every group ought to be fully self-supporting, declining outside contributions."

Payments to Al-Anon Family Groups Southern NSW Area Inc
CBA Bank Account/BSB No: 062-000/Account No: 0092 0770
OR

<https://www.givenow.com.au/afgsnsw>

(QR code below)
Group Financial Code:



THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

Why make a contribution?

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

Why is it important to use Financial codes?

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

What is the Group code made up of?

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

Don (donation)

Lit (literature)

AssEE (Assembly Equalised Expense)

ZoomEE (Zoom Equalised Expense)

Eg: Sydney City Tuesday

SydTue12pmDon

Monaro District Literature: "MonaroLit

(for some groups that have a Face 2

Face meeting at the same time as a

Zoom meeting, please put "F" or "Z"

after the time)

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

GROUP FINANCIAL CODES AS AT FEBRUARY 2024

DISTRICT	DAY	TIME	SUBURB	FINANCIAL CODE	TRANSACTION TYPE
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	Don OR Lit OR AssEE OR ZoomEE OR ConfEE etc.
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	District Meeting	InaTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6.30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Erskineville	ErsSat930amF	
	Saturday	9.30am	Erskineville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
	Sunday	10.30am	Rozelle F2F	RozSun1030amF	
	Sunday	10.30am	Rozelle Zoom	RozSun1030amZ	
Elouera	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7.30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	6.30pm	Bondi Beach	BonTue630pm	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Sydney	SydFri8am	
	Friday	8am	Darlinghurst	DarFri8am	
Byamee	Friday	10am	Bondi Junction	BonFri10am	
	Friday	7pm	Botany	BotFri7pm	
	Monday	7pm	Wollongong	WoiMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
	Friday	7pm	Bulli	BulFri7pm	
Far South Coast	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	10.30am	Merimbula	MerWed1030am	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
	Thursday	1pm	Ulladulla	UllThu1pm	
South West NSW	Thursday	5pm	Merimbula	MerThu5pm	
	Monday	7pm	Leeton	LeeMon7pm	
Monaro	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
	Monday	10.30am	Forrest	ForMon1030am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue7pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
	Sunday	9am	Civic	CivSun8am	