



NEWSLETTER – APRIL 2024

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Dear Secretary/GR & Members,
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

Deadline for the May issue is:
20TH APRIL 2024

Please email your notice(s) to the Newsletter Editor at:
newsletter@al-anon-snsw.org.au

LIS, Tanya V
Newsletter Coordinator.

ATT GMAIL EMAIL USERS!!!

Please note that we are currently unable to send the Southern Serenity Newsletter to any members who have a GMAIL EMAIL ACCOUNT. This is due to a recent update from Google security that is unfortunately recognising the newsletter as unsolicited advertising (spam). We hope to find a solution quickly. If you have an alternative email address you also use please send it to newsletter@al-anon-snsw.org.au. Apologies for the inconvenience.

LIS, Tanya V
Newsletter Coordinator.



STEP THREE

“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

TRADITION THREE

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.”

CONCEPT THREE

“The World Service Office is composed of selected committees, executives and staff members.”

PUBLIC LIABILITY CERTIFICATE 2023-2024

Our new Public Liability Certificate, current 1 November 2023 – 1 November 2024 is available on the new website under Member Resources.

GROUP NEWS

ASHFIELD FRIDAY 6:30PM

After 25 years at the Wesley Private Hospital the Ashfield Friday AFG is on the move! From Friday 12th April meeting will be held @ Ashfield Civic Centre Upper Ground 260 Liverpool Road Ashfield (Activity Rooms 3 & 4). Access is via the side entrance (after-hours access opposite Westpac Bank). Time of meeting remains unchanged 6.30pm - 8.00pm. All Welcome!



FAR SOUTH COAST BIRTHDAY WEEKEND

Due to popular demand the Far South Coast birthday weekend will be on again this year, October 18/19. Face-to-face in the same lovely venue as last time at Nelligen. Details to be provided soon - watch this space!



STANMORE FRIDAY 6.30PM

Please come along to celebrate our 1st birthday on Friday 26th April! There will be guest speakers and a birthday cake to have afterwards, and loads of sharing and fun. Located at The Sydney Retreat Rehab, 223 Trafalgar St, Stanmore.



WHATSAPP SECURITY SETTINGS INFORMATION FOR AL-ANON

Some WhatsApp Groups & members have a concern about sharing their details with others. Below are instructions for how to change your privacy settings:



On an IPHONE: Tap **Settings > Privacy**
Press **Options > Settings > Account > Privacy**

On a DESKTOP: Click **Settings > Privacy**
The things you can change in your Privacy Settings are:

- Who can see your Last Seen and Online.
- Who can see your Profile Photo.
- Who can see your About information.
- Who can see your Status updates.
- Whether Read Receipts get sent.
- Who can add you to Groups.
- Which calls get silenced.
- Who can call you.

Note: Alternatively, you can also change your privacy settings through **Privacy > Checkup**

2024 AA NATIONAL CONVENTION WITH AL-ANON PARTICIPATION

ROAD TO RECOVERY Adelaide 2024

JOIN US IN FOR THE 58TH AUSTRALIAN NATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

FRIDAY MARCH 29TH - MONDAY APRIL 1ST 2024 AT THE HILTON ADELAIDE, VICTORIA SQUARE

REGISTRATION
Early bird: \$110
Full weekend: \$130
Day: \$50
Dinner & Dance: \$130
Alateen: Free (please register)

**FULL 4 DAY PROGRAM!
INTERNATIONAL SPEAKERS -
CONTINUOUS MEETING -
WORKSHOPS -DINNER DANCE**

FOR REGISTRATION AND FURTHER INFORMATION ON ACCOMMODATION AND MORE, PLEASE VISIT OUR WEBSITE STAY UP TO DATE! JOIN OUR FACEGROUP GROUP

Adelaide AA National Convention 2024
aanatcon2024.com.au

LITERATURE CORNER

Our new Al-Anon daily reader is now available to order directly from the Al-Anon website:

<https://al-anon.org.au/product-category/literature/books-2/>



Cost is \$30 plus postage and handling. **DON'T FORGET TO SELECT OUR AREA WHEN PURCHASING (SOUTHERN NSW)**

'Just as our earlier daily readers reflected the times in which they were written, *A Little Time for Myself* represents the personal experiences and the many voices of the Al-Anon fellowship as it is today. Their interpretations of Al-Anon's spiritual principles may vary greatly, but they demonstrate the freedom each member has to apply the program in ways that work best for them as individuals, illustrating that Al-Anon is indeed for anyone affected by someone else's drinking.' Indexed, 384 pages. (WSO promotional material, 2023)



NEW Al-Anon Website

The New Al-Anon website www.al-anon.org.au has a wealth of information! If you haven't yet visited it, you can now easily more easily find:



- Links to finding a meeting
- Online literature Form (don't forget to select our Area when making your purchase to ensure smooth processing of your order)
- Podcast links and other resources
- Upcoming events
- Information for newcomers
- Lots of downloadable literature for FREE

Below are the Social Media links for Al-Anon Australia:

<https://www.facebook.com/alanonaustralia/>
https://instagram.com/alanon_australia?utm_medium=copy_link



The National Helpline number is 1300 Al-Anon (1300 252 666). For everyday enquiries, contact the Area office on (02) 9570 3422.

Phone Al-Anon Australia-wide (cost of local call) 1300 ALANON—1300 252 666

Website: www.al-anon.org.au

Payments to Al-Anon Family Groups Southern NSW Area Inc: CBA Bank Account/BSB No: 062-000/Account No: 0092 0770
For donations, <https://www.givenow.com.au/afgnsnw> (use your Group Financial Code)

THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

Why make a contribution?

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

Why is it important to use Financial codes?

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

What is the Group code made up of?

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

Don (donation)

Lit (literature)

AssEE (Assembly Equalised Expense)

ZoomEE (Zoom Equalised Expense)

Eg: Sydney City Tuesday

SydTue12pmDon

Monaro District Literature: "MonaroLit

(for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

Group Financial Codes as of January 2022					
DISTRICT CODE	DAY	Time	Suburb	Financial Code	Transaction Type
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	+ Don Or Lit Or AssEE Or Zoom EE etc.
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
	Wednesday	7.30pm	Kogarah	KogWed730pm	
Waratah	Thursday	12.00pm	Strathfield	StrThu12pm	
	Friday	6.30pm	Ashfield	AshFri630pm	
Inala	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inala District Meeting	InaTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6:30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Ersleville	ErsSat930amF	
	Saturday	9:30am	Ersleville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
Sunday	10.30am	Rozelle F2F	RozSun1030amF		
Sunday	10.30am	Rozelle Zoom	RozSun1030amZ		
Elouera	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7:30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Syd Hope For Today Paddington	SydFri8amZ	
	Friday	8am	Darlinghurst	DarFri8am	
	Friday	10am	Bondi Junction	BonFri10am	
Byamee	Friday	7pm	Botany	BotFri7pm	
	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
	Friday	7pm	Bulli	BulFri7pm	
Far South Coast	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Moruya	MorTue5pm	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	7.30pm	Nowra	NowWed730pm	
	Thursday	10am	Huskisson	HusThu10am	
	Thursday	5pm	Merimbula	MerThu5pm	
Thursday	1pm	Ulladulla	UllThu1pm		
South West NSW	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
Monaro	Monday	11.30am	Forrest	ForMon1130am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue730pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
Sunday	9am	Civic	CivSun8am		