



# NEWSLETTER – MARCH 2024

Southern NSW Area: Suite 4/2 Ormonde Parade, Hurstville NSW 2220 | Ph: 02 9570-3422 | E: office@al-anon-snsw.org.au

**Dear Secretary/GR & Members,**  
Please read out this Newsletter at your next meeting, and extracts at every other meeting until you receive the next month's newsletter. This is how we communicate and are kept informed.

**Deadline for the APRIL issue is:  
20<sup>TH</sup> MARCH 2024**

Please email your notice(s) to the Newsletter Editor at:  
newsletter@al-anon-snsw.org.au

LIS, Tanya V  
Newsletter Coordinator.

## GROUP CONTACT



Feedback to our phone roster volunteers shows that newcomers would appreciate if groups could include a contact on their website listing. This could be a group email that's monitored regularly. If your group would like to add this information to their website listing, email [snsw.records@gmail.com](mailto:snsw.records@gmail.com) and it will be added to our monthly meeting update to AGSO.



## THE 3 C'S

*I didn't cause it  
I can't control it  
I can't cure it*

## STEP TWO

*Came to believe that a  
Power greater than  
ourselves could restore us  
to sanity.*

## TRADITION TWO

*For our group purpose there  
is but one authority - a  
loving God as He may  
express Himself in our group  
conscience. Our leaders are  
but trusted servants - they  
do not govern.*

## CONCEPT TWO

*The Al-Anon Family Groups  
have delegated complete  
administrative and  
operational authority to their  
Conference and its service  
arms.*

*From Paths To Recovery ©1997 by Al-Anon  
Family Group Headquarters Inc.*

## PUBLIC LIABILITY CERTIFICATE 2023-2024

Our new Public Liability Certificate, current 1 November 2023 – 1 November 2024 is available on the new website under Member Resources.

## GROUP NEWS

### ZOOM EQUALISED EXPENSES

Since 2020, Zoom has been an important way for groups to conduct regular meetings.

It is now time for those groups who use our Area zoom account licenses, for either online or hybrid meetings, to contribute to the ongoing cost. If your group uses an Area Zoom license for your meetings, please contribute \$39 to the Area bank account, with your Group's financial code into the transaction reference, adding "ZoomEE" instead of "Don" at the end of the code so we can track the equalised expense. This contribution will cover the 2023-2024 subscription, renewable in September each year.



## VALE

### Janet A

We are sad to advise that Janet passed away on February 28. Janet was a long time member of our Southern NSW Area and the Byamee District. She served for two decades in many positions on the Area Service Committee as well as in our Area Office, giving generously of her time and her experience. The Service Committee would like to acknowledge Janet's dedication to the Fellowship. May she rest in the care of her Higher Power.



1300 Al-Anon (1300 252 666). For everyday enquiries, contact the Area office on (02) 9570 3422.

## 7th TRADITION DONATIONS – QR CODE

To assist those who would like an easy way to donate to Al-Anon using their phones, the Area Treasurer has provided the QR code linked to our Southern NSW Area GiveNow account. Please refer to the notice below. It is suggested that Face to Face Groups take a copy of this notice, write on the Group's Financial Code and send it round with the basket in meetings. For Zoom meetings the notice can be screen shared or placed in Chat at the right moment in Zoom meetings along with the Group's Financial Code. On the "Questions" tab, the donor should toggle ON the "Would you like to leave a message for the organisation" and in the Message Box, type the Group Financial Code. GiveNow provides receipts if required.

### AL-ANON FAMILY GROUPS SOUTHERN NEW SOUTH WALES AREA 7<sup>TH</sup> TRADITION

"Every group ought to be fully self-supporting, declining outside contributions."

Payments to Al-Anon Family Groups Southern NSW Area Inc

CBA Bank Account/BSB No: 062-000/Account No: 0092 0770

OR

<https://www.givenow.com.au/afgsnsw>

(QR code below)

Group Financial Code:



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## DONATIONS TO AGSO

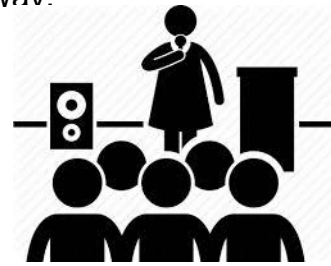
Donations to our national body are tracking well below budget. It would be greatly appreciated if members could consider a donation to our National office. Al-Anon does not receive any outside funding and is entirely self-supporting through members' donations. Australian General Service Office (AGSO) bank account details: BSB: 063158 Acct No.: 10035455.

Email [accounts@al-anon.org.au](mailto:accounts@al-anon.org.au) with your full name, Group/Area and donation amount so a receipt can be issued. All donations to Area and AGSO over \$2 are tax deductible.



## 2025 AA NATIONAL CONVENTION WITH AL-ANON & ALATEEN PARTICIPATION

2025 is the 80<sup>th</sup> anniversary of AA in Australia. The 2025 Convention will be held at the Hilton Hotel in Sydney from 18-21 April, 2025. The Southern NSW Area Service Committee has formed an Al-Anon Alateen Planning Committee, subject to ratification at the Area Assembly in June, for this whole of Area event. Northern and Western NSW have also been invited to share their experience, strength and hope in planning for this very special event. Volunteers will be needed at the Convention to assist with welcoming, chairing meetings, selling literature etc. This is a wonderful opportunity to share in the spirit of co-operation between AA and our Al-Anon and Alateen fellowships. Please email [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au) if you are interested and available to assist in any way.



## LITERATURE CORNER

Our new daily reader, A Little Time for Myself (B-34), is proving very popular. Cost is \$30 plus postage and handling. If you would like a copy, you can order through the website



(<https://al-anon.org.au/shop/a-little-time-for-myself-a-collection-of-al-anon/>). Cost is \$30 plus postage and handling. Alternatively use the SNSW Area Literature order form available on the Members section of the website (<https://al-anon.org.au/southern-new-south-wales/>). The Literature office is open Tuesdays from 9.30am-3pm (T. 9570 3422).



# THE IMPORTANCE OF USING YOUR GROUP FINANCIAL CODE

Al-Anon's Tradition Seven: "Every group ought to be fully self-supporting, declining outside contributions."

## Why make a contribution?

Contributions cover each Group's rent and other expenses. The Seventh Tradition is essential at every level of Al-Anon service. It is both a privilege and a responsibility for Groups and members to ensure that not only their Group, but all service levels remain self-supporting. This keeps Al-Anon free of outside influences that might divert us from our primary purpose of supporting families and friends of alcoholics.

## Why is it important to use Financial codes?

Unnecessary pressure and extra workload is applied to the Area Secretary and Treasurer positions when Groups' use incorrect codes or worse, no code at all. If a contribution has no code at all, it will now be assumed that this is an 'anonymous' contribution and will not go towards your Groups' overall contribution.

## What is the Group code made up of?

The first three letters of your suburb or district, plus the first three letters of the meeting day, plus the time with am or pm, plus the type of transaction, as per below:

*Don (donation)*

*Lit (literature)*

*AssEE (Assembly Equalised Expense)*

*ZoomEE (Zoom Equalised Expense)*

*Eg: Sydney City Tuesday*

*SydTue12pmDon*

*Monaro District Literature: "MonaroLit*

*(for some groups that have a Face 2 Face meeting at the same time as a Zoom meeting, please put "F" or "Z" after the time)*

When sending money to Area for donations, buying literature, or paying equalised expenses for Assembly or Zoom costs, **please remember to use the Financial Codes listed here in the "Reference" section or "Send a Message to the Organisation" section of the bank payment or GiveNow site**, so that the Area Treasurer can identify payment and attribute the transaction to the correct type. Also, you must do a separate transaction for donations, Literature payments, assembly expenses, or Zoom contribution.

Group Financial Codes as of January 2022

DISTRICT CODE	DAY	Time	Suburb	Financial Code	Transaction Type
Illawarra	Monday	1.30pm	Riverwood	RivMon130pm	+ Don Or Lit Or AssEE Or Zoom EE etc.
	Monday	6.30pm	Riverwood	RivMon630pm	
	Monday	7pm	Caringbah	CarMon7pm	
Waratah	Wednesday	7.30pm	Kogarah	KogWed730pm	
	Thursday	12.00pm	Strathfield	StrThu12pm	
Inala	Friday	6.30pm	Ashfield	AshFri630pm	
	Monday	6.30pm	Camperdown	CamMon630pm	
	Tuesday	8pm	Inala District Meeting	InaTue8pm	
	Wednesday	6pm	Rozelle F2F	RozWed6pmF	
	Wednesday	6pm	Rozelle Zoom	RozWed6pmZ	
	Thursday	6pm	Dulwich Hill	DulThu6pm	
	Friday	5pm	Rozelle	RozFri5pm	
	Friday	6:30pm	Stanmore	StaFri630pm	
	Saturday	9.30am	Ersleville	ErsSat930amF	
	Saturday	9:30am	Ersleville	ErsSat930amZ	
	Saturday	2.30pm	Sydenham	SydSat230pm	
Elouera	Sunday	10.30am	Rozelle F2F	RozSun1030amF	
	Sunday	10.30am	Rozelle Zoom	RozSun1030amZ	
	Monday	6.30pm	Waverley	WavMon630pm	
	Tuesday	7:30am	Surry Hills	SurTue730am	
	Tuesday	8am	Paddington	PadTue8am	
	Tuesday	8pm	Maroubra	MarTue8pm	
	Wednesday	7pm	Darlinghurst	DarWed7pm	
	Friday	8am	Syd Hope For Today Paddington	SydFri8amZ	
Byamee	Friday	8am	Darlinghurst	DarFri8am	
	Friday	10am	Bondi Junction	BonFri10am	
	Friday	7pm	Botany	BotFri7pm	
	Monday	7pm	Wollongong	WolMon7pm	
	Tuesday	1pm	Bundanoon	BunTue1pm	
Far South Coast	Friday	7pm	Bulli	BulFri7pm	
	Saturday	2.30pm	Albion Park Rail	AlbSat230pm	
	Monday	11.00am	Nowra	NowMon11am	
	Monday	12.15pm	Batemans Bay	BatMon1215pm	
	Monday	7.30pm	Berry	BerMon730pm	
	Tuesday	10am	Ulladulla	UllTue10am	
	Tuesday	5pm	Moruya	MorTue5pm	
	Tuesday	5pm	Bega	BegTue5pm	
	Wednesday	7.30pm	Nowra	NowWed730pm	
South West NSW	Thursday	10am	Huskisson	HusThu10am	
	Thursday	5pm	Merimbula	MerThu5pm	
Monaro	Thursday	1pm	Ulladulla	UllThu1pm	
	Monday	7pm	Leeton	LeeMon7pm	
	Wednesday	5.15pm	Wagga Wagga	WagWed515pm	
	Monday	11.30am	Forrest	ForMon1130am	
	Monday	7.30pm	Kingston	KinMon730pm	
	Tuesday	7pm	Northside	NorTue730pm	
	Wednesday	7.30am	Civic	CivWed730am	
	Thursday	12.30pm	Belconnen	BelThu1230pm	
Monaro	Friday	12pm	Civic	CivFri12pm	
	Saturday	8am	Braddon	BraSat8am	
	Saturday	3pm	Lyons	LyoSat3pm	
	Sunday	9am	Civic	CivSun8am	