

Contact your local Area office to notify any changes to published meeting information:

- **Al-Anon Family Groups Northern NSW Area:** Phone: (02) 4969 3889; Email: [alanonnorthernnsw@bigpond.com](mailto:alanonnorthernnsw@bigpond.com)
- **Al-Anon Family Groups Western NSW Area:** Phone: (02) 4731 1442; Email: [alanonpenrith@optusnet.com.au](mailto:alanonpenrith@optusnet.com.au)
- **Al-Anon Family Groups Southern NSW Area (includes A.C.T.):** Phone: (02) 9570 3400; Email: [office@al-anon-snsw.org.au](mailto:office@al-anon-snsw.org.au)
- **Information Service Office in Canberra:** Phone: (02) 6249 8866

- ALBION PARK RAIL, SATURDAY 2.30pm, Neighbourhood Centre, cnr Ash Ave & Tongarra Rd
- ALBURY, MONDAY 7.30pm, Glenecho Neighbourhood House, 949 Burrows Rd, Glenroy
- ALEXANDRIA, WEDNESDAY 6.30pm, Cliff Noble Activity Centre, cnr Renwick & Suttor Sts
- ARMIDALE, MONDAY, 6.00pm, Neighbourhood Centre, 129 Rusden St
- ASHFIELD Transforming Our Losses, TUESDAY 7.15pm, Bastable St Community Hall, 2 Bastable St, Croydon
- ASHFIELD, WEDNESDAY 7.30pm, Bastable St Community Hall, 2 Bastable St, Croydon
- ASHFIELD, FRIDAY 6.30pm, Wesley Private Hospital Clinical Training Building, entry from 85 Arthur Street
- BANGALOW, FRIDAY 2pm, Bangalow Uniting Church 15 Station Street, Bangalow
- BALGOWLAH, WEDNESDAY 7.30pm, Balgowlah Uniting Church, 122 Condamine St
- **w** BALLINA, THURSDAY 6.00pm, Richmond room, 5 Regatta Avenue (behind the Library)
- BANORA POINT, MONDAY 7.30pm, Salvation Army, The Community Centre, cnr Woodlands & Leisure Drives
- BATEMANS BAY, MONDAY 12.15pm, Anglican Church Hall, 6 Herarde St
- BATHURST/BLAYNEY, TUESDAY 5.00pm, Uniting Church Hall, 140A William St, Bathurst
- BEGA, TUESDAY 5.00pm, Seventh Day Adventist Church Hall, 31 Upper Street
- BEGA, THURSDAY 1.00pm, Seventh Day Adventist Church Hall, 31 Upper Street (back room)
- **w** BELLAMBI, TUESDAY 7.00pm, Bellambi Neighbourhood Centre, Cawley Rd
- BERKELEY, MONDAY 7.00pm, Berkeley Community Centre, 40 Winnima Way
- BERRY, MONDAY 6.30pm, Berry Uniting Church, Albert St (Closed Public Holidays)
- BONDI JUNCTION "Lunchtime", WEDNESDAY 11.30am, Mill Hill Community Centre, 1st floor, 31 Spring St
- BONDI JUNCTION "Experience Strength & Hope", FRIDAY 10.00am, Waverly Park Pavillion Club Rm, off Bondi Rd, top level, behind Cafe
- BOTANY "Spiritual Concept", FRIDAY 8.00pm, Banksmeadow Public School, enter 60 Brighton St (off Stephen St), Banksmeadow
- BOWRAL, THURSDAY, 6.30pm, Stafford Cottage 22 Bendooley St
- BUNDANOON, TUESDAY 1.00pm, Anglican Church Hall, Church St (top of Constitution Hill)
- CAMPBELLTOWN "Steps", MONDAY 7.30pm, St John's Catholic Church Complex (enter from Cordeaux St, white cottage at rear)
- CAMPERDOWN, MONDAY, 6.30pm, St Joseph's Church, 2 Missenden Rd (above Childcare Centre)
- CASTLE HILL, THURSDAY 8.00pm, The Hills Community Health Centre (rear), 183-187 Excelsior Ave
- CHINDERAH, SUNDAY 4.00pm, Seventh Day Adventist Church, 83 Phillip St
- COFFS HARBOUR, MONDAY 12.30pm, Presbyterian Church, 14 Vernon St. (opposite "1 Duke St")
- COFFS HARBOUR "Steps & Traditions", SATURDAY 1.00pm, Community Room, 54 West High St
- DEE WHY "Spiritual Concepts", SUNDAY 10-11am, 2 Alfred Road, Brookvale
- DUBBO, WEDNESDAY, 7.30pm, Orana Community Centre, 177 Cobra St
- DULWICH HILL, THURSDAY 6.00pm, Seniors Centre, 14 Seaview St (near library)
- DUNGOG, WEDNESDAY, 1pm and 7.30pm, Dungog Community Centre (side door entry), 103 Dowling Street
- EASTWOOD, TUESDAY 7.45pm, VMO Rooms, Ryde Hospital, Main Entrance, 9 Denistone Rd
- EASTWOOD, **ALATEEN**, 7.30-8.30 Tuesday night next to VMO rooms, back of Ryde Hospital, main entrance 9 Denistone Rd. Eastwood
- ERSKINEVILLE, SATURDAY 9.30am, St Mary's Catholic Church, 21 Swanson St
- ERSKINEVILLE, SUNDAY 7.00pm, Joseph Sergeant Centre, 60 Prospect St
- ETTALONG, THURSDAY DAY 12.30pm, Uniting Church Hall, 55 Picnic Pde
- ETTALONG "Al-Anon Adult Children", SUNDAY 7.00pm, Uniting Church Hall, 55 Picnic Pde
- FAIRFIELD "Al-Anon Adult Children", MONDAY 11.30am, Oakdene House, 1 Dale St
- FORSTER, MONDAY, 8.00pm, Forster District Baptist Church, 2 Maneela St (cnr Carawa St)
- GLEBE, SATURDAY, 4.00-5.00pm, St helen's Community centre, 184 Glebe Point Road
- GOROKAN, MONDAY 11.00am, Coastlands Christian Community Church, 37 Manuka Parade, Gorokan
- GRAFTON, TUESDAY 12.00 noon, CWA Rooms, Market Square, Duke St
- GRIFFITH, MONDAY 7.00pm, Neighbourhood House, 80 Benerembah St
- HAMILTON, THURSDAY, 7.30pm, Salvation Army Community Centre, 67 Cleary St

- HAMILTON, MORNING (Love in Dedicated Service) 11.30am, St.Peters Uniting Church Hall, 1A Dixon Street
- HARBORD, SATURDAY, 4.00pm, Harbord Public School, 104 Oliver Rd (cnr Wyandra Rd)
- HORNSBY, SUNDAY, 5.30pm, Hornsby Hospital main bldg, Education Centre (above X-Ray & Pathology), Palmerston Rd
- HORNSBY **ALATEEN**, SUNDAY, 5.30pm, Hornsby Hospital main bldg, Education Centre (room next to Al-Anon meeting room), Palmerston Rd
- HUSKISSON, THURSDAY 10.00am, Holy Trinity Church Hall, Hawke St
- ILUKA, MONDAY 12.30pm, 1st Iluka Scout Hall, next to 2 Spenser St. near the boat ramp
- KATOOMBA, TUESDAY 12 noon, St Hilda's Church Hall, 68 Katoomba St, Katoomba
- KEMPSEY, MONDAY, 7pm Demountable classroom behind Catholic Church 36 Kemp Street
- KINCUMBER, MONDAY 10.30am, Uniting Church, 154 Avoca Dr (cnr Kalluma Rd), Kincumber
- LAWSON "Al-Anon Adult Children", SATURDAY 1.00pm, Santa Maria Centre, 253 Great Western Hwy, Lawson
- LEETON, MONDAY, 7pm-8pm, Seminar Room 2, Community Nurses Building, Leeton Hospital. (access via Myall Street entrance. (phone Hazel: 0452381658)
- LILYFIELD "Al-Anon Adult Children", MONDAY 7.30pm, Lilyfield Community Centre, 19 Cecily St, Lilyfield
- LINDFIELD, THURSDAY 8.00pm, St David's Uniting Church Hall, 452 Pacific Hwy (cnr Provincial St)
- LISMORE, TUESDAY 6.30pm, Quaker Hut, behind Uniting Church Hall, cnr Wyrallah Rd & Dibbs St
- LISMORE, SATURDAY 10:30am, Quaker Hut, behind Uniting Church Hall, cnr Wyrallah Rd & Dibbs St
- LONG JETTY, WEDNESDAY 12.30, Uniting Church Hall, 204 The Entrance Rd, Long Jetty
- MACKSVILLE, WEDNESDAY 7.30pm, Rear of Salvation Army Hall, Macksville, entrance is Nambucca Street
- MACLEAN, THURSDAY 12.30pm, Presbyterian Church Hall, 8 Wharf St
- MANLY VALE, TUESDAY 7.30pm, Manly Vale Public School, 77 Sunshine St
- MARDI, MONDAY 7.00pm, Woodbury Park Community Centre, 1 Woolmer's Cres
- MAROUBRA, TUESDAY 7.30pm, Salvation Army Hall, 100 Boyce St
- MAROUBRA, SATURDAY 1.00pm, St Mary & St Joseph Church Hall, 246 Malabar Rd
- MAYFIELD, FRIDAY 10.30am, Church of Christ Hall, 31 Gregson Avenue
- MERIMBULA THURSDAY NIGHT, 5.00pm, Parish Hall, St. Joseph's Church, 79 Main Street
- MILTON, WEDNESDAY 5.30pm. Milton Public School 10 Thomas Street (enter from Wason St. carpark)
- MILTON, **ALATEEN**, 5.30pm. Milton Public School 10 Thomas Street (enter from Wason St. carpark)
- MIRANDA, THURSDAY 1.00pm, Crossroads Community Centre, Suite G109. (Arcade between Lindcraft and Choccolato, San Churro)
- MONA VALE, FRIDAY 1.00pm, see Narrabeen
- MONA VALE, SUNDAY 5.00pm, Meeting Rm, Mona Vale Memorial Hall, 1 Park St
- MORISSET, TUESDAY 10.30am, Uniting "Church in the Trees", 10 Stockton St (cnr Awaba & Kahibah Sts)
- MORUYA, TUESDAY 1.00pm, Presbyterian Church Hall, Evans St
- MORUYA, THURSDAY 7.00pm, Unit 3, Moruya Riverside Centre, 24-26 Ford St
- MOSMAN, MONDAY 7.30pm, St Luke's Church Hall, 17 Heydon St (cnr Ourimbah Rd)
- **w** MURWILLUMBAH, MONDAY 10.00am, ConXions Church, 19 Prince Street. \*Is open public holidays\*
- NAMBUCCA HEADS, TUESDAY 10.30am, at rear and under Catholic Church, Mann St
- NARABEEN, FRIDAY 1.00pm, Narrabeen Baptist Church, 13 Grenfell Avenue, North Narabeen
- NEUTRAL BAY, SATURDAY 12.30pm, St John's Church, 49 Yeo St (cnr Yeo & Barry Sts opp. police station)
- NEWTOWN, FRIDAY 12.30pm, Newtown Library (at rear), 10 Brown St.
- NORTH RICHMOND, SATURDAY 7.00pm-8.00pm, Education Centre, St John of God Hospital, Grose Vale Rd (The centre is on the left of the driveway and is opposite the Art Centre at the Hospital.)
- NOWRA, MONDAY 11.00am, Salvation Army Hall, 1 Salisbury Drive (cnr St Anns St) Note: Closed public holidays
- NOWRA, WEDNESDAY 7.30pm, Community Centre, 134 Kinghorne St.
- **w** OATLEY "Steps & Traditions for Beginners", FRIDAY 1.30pm, Oatley Library Hall, 26 Letitia St.
- ORANGE, WEDNESDAY 7.00pm, Holy Trinity Anglican Church, rear hall, 104 Byng St (Cnr Anson St)
- PARRAMATTA, WEDNESDAY 12.00 noon, New Library, 2nd Floor, 1 Fitzwilliam St
- PARRAMATTA, THURSDAY 5.30pm. Parramatta Mission, St Level Entrance, 119 Macquarie St.
- PENRITH, TUESDAY, 7.30pm., South Penrith Neighbourhood Centre, 4 Birmingham Rd, South Penrith. (behind Southlands Shopping Centre)
- PORT MACQUARIE, WEDNESDAY 5.00pm, Education Centre (beside water tank), Morton St
- PORT MACQUARIE **ALATEEN**, THURSDAY, 4pm-5pm, Lighthouse Room Headspace, Unit 4, 10-12 Short St.
- RANDWICK, THURSDAY 8.00pm, Presbyterian Church, 150 Alison Rd (cnr Cook St enter door in Abbey St)
- RAYMOND TERRACE, MONDAY 7.30pm, Uniting Church Hall, 54 William St, Raymond Terrace
- RIVERWOOD "Newcomers", MONDAY 6.30pm, St Andrew's Church Hall, 9 Littleton St (opposite Club Rivers)
- RIVERWOOD, TUESDAY 6.00pm, St Andrew's Church Hall, 9 Littleton St (opposite Club Rivers)

- ROZELLE "Steps & Traditions", WEDNESDAY 6.00pm, Senior Citizens' Centre, 608 Darling St
- ROZELLE "Paths to Recovery" SUNDAY 10.30am, Hannaford Community Centre, 608 Darling Street
- SALAMANDER BAY, Wednesday 11.30am, Salamander Bay Uniting Church, 174 Salamander Way
- SANS SOUCI "Steps & Traditions Study", SATURDAY 2.00pm, St Andrew's Anglican Church, 325 Rocky Point Rd
- SPRINGWOOD, WEDNESDAY 12 noon, Springwood Presbyterian Church Hall, 160 Macquarie Rd
- STRATHFIELD, THURSDAY 12 noon, St John Hospital, 13 Grantham St, Burwood
- SURRY HILLS "Breakfast", TUESDAY 7.30am, Surry Hills Community Centre, 405 Crown St.
- SURRY HILLS, SUNDAY 4.30pm, Rainbow Recovery Room, 52a Buckingham St. (entrance Bedford St)
- SYDENHAM, SATURDAY 2.30pm, St Peter's Town Hall, 39 Unwins Bridge Rd. (downstairs meeting room)
- SYDNEY CITY, TUESDAY 12.30pm, Uniting Church, 264 Pitt St (near Park St)
- SYDNEY CITY, FRIDAY 8:00am, Kawa Café , 348 Crown Street, Surry Hills
- TAMWORTH, TUESDAY 1.00pm, Baptist Church, 184 Hillvue Rd
- TAMWORTH, THURSDAY 7.00pm, Community Health Centre, Johnston House, Tamworth Base Hosp. Dean St
- w TAREE AWARENESS, MONDAY 10.00am, Presbyterian Church Hall (cottage in grounds), 76 Albert St
- TOONGABBIE, SATURDAY 2.00pm, St Anthony's Catholic Church, 27 Aurelia St
- TOONGABBIE **ALATEEN**, SATURDAY 2.00pm, St Anthony's Catholic Church, 27 Aurelia St
- TUNCURRY, THURSDAY, 12.30pm, Uniting Church, 6 South St, (cnr Bent St), Tuncurry. Enter from Bent St.
- TWEED HEADS, THURSDAY 5.00pm, St Cuthbert's Anglican Church Hall, 13 Powell St (cnr Florence St)
- TWEED HEADS, **ALATEEN**, THURSDAY 5.00pm, St Cuthbert's Anglican Church Hall, 13 Powell St (cnr Florence St)
- TWEED HEADS, FRIDAY 12.30pm, Tweed Heads Hospital Early Intervention Centre, Allan Millard Rm, entry from Florence St
- ULLADULLA "Al-Anon Adult Children", TUESDAY 10.00am, Community Resource Centre, 78 St Vincent St
- ULLADULLA, THURSDAY 1.00pm, Community Resource Centre, 78 St Vincent St
- WAGGA WAGGA, MONDAY 12 noon, St Paul's Anglican Church, 31 Fernleigh Rd, Turvey Park
- WAGGA WAGGA, WEDNESDAY 5.30-6.30pm, St Paul's Anglican Church, 31 Fernleigh Rd, Turvey Park
- WAHROONGA, WEDNESDAY 8.00pm, Presbyterian Church Hall, 14 Stuart St (cnr Illoura Rd)
- WARIALDA, WEDNESDAY 2.30pm, "Carinda House", 15 Stephen St (opposite veterinary clinic)
- WARNERS BAY, SATURDAY 2.00pm, Lions Hall, 2 Sweet St (cnr King St)
- WAVERLEY "Serenity Seekers", MONDAY 6.30pm, The Cottage, St Mary's Church, 240 Birrell St (cottage cnr Council St)
- WENTWORTHVILLE, THURSDAY 12 noon, Uniting Church (hall at rear), 115 Station St
- WENTWORTHVILLE, TUESDAY, 7pm Northside West Clinic, Northside West Hospital
- WESTMEAD "Speaker Meeting", MONDAY 7.30pm, Mackey Room, Domain Community Rooms, 1 Oakes St
- WINDSOR, FRIDAY 11.00am, Girl Guides Hall, 19 Johnston St, Windsor
- WOLLONGONG, THURSDAY 12.30pm, Lighthouse Church, 1 Railway Station Square, ground floor
- WOOLGOOLGA, WEDNESDAY 12.30pm, Uniting Church, 5 Trafalgar St
- WOY WOY, SATURDAY 2.00pm, Group Therapy Room, near Kiosk, Woy Woy Hospital, Ocean Beach Rd
- WYOMING, TUESDAY 7.30pm, Church of Christ, 299 Henry Parry Dr
- WYONG, TUESDAY 7.00pm, Uniting Church, 62 Watanobbi Rd (cottage at rear)
- WYONG, FRIDAY 10.30am, Rm 5, Wyong Neighbourhood Centre, 15 Alison Rd (enter driveway end Rankens Crt)
- YOUNG, MONDAY 7.30pm, CWA rooms, 7 Lovell St.